

## OSW Football Camp Save The Date! July 16th - 19th 5-7:00pm

SAVE THE DATE for the Football Camp during the week of July 16th-19th! Back for its 4th year is the Old Saybrook Parks and Rec. football camp at Old Saybrook High School on the turf field.

Participants will break down in to smaller groups and run through a series of stations designed to foster skill development and knowledge of the game. This camp will cover all of the basic skills of football on both sides of the line. In this non-contact camp, participants will learn how to throw, catch, kick, run routes and defend!

This camp is instructed by OSW High School Varsity Coaching Staff.

## **Registration begins June 1st** www.OldSaybrookRec.com

What:

**OSPR Summer Football Camp** 

Who:

3rd—8th Grade

When:

July 16th - 19th - 5:00-7:00PM

Where:

**OSHS Turf Athletic Field** Boston Post Rd., Old Saybrook, CT

**Contact Information:** 

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