

OSPR BASKETBALL LEAGUE

2024 "QUICK RULES" CHART



| GIRLS DIVISION | BALL SIZE | Running TIME PER QUARTER | OVERTIME | FOUL LINE | Court Size | TIME OUTS | BASKET HEIGHT | 3 SEC. RULE | PRESS | Players on Court | DEFENSE |
|---|-----------|--------------------------|----------|-----------|-------------|-----------|---------------|-------------|-------|------------------|---|
| 2 nd & 3 rd | 27.5 | 8 | No | 10 ft. | Cross Court | 2 per 1/2 | 8 ft. | NO | NO | 5v5 | 2-1-2 Zone |
| 4 th & 5 th | 28.5 | 8 | 1 | 15 ft. | Full Court | 2 per 1/2 | 10 ft. | YES | NO | 5v5 | Players must pick up at ½ court Man to Man Defense or fall back to zone |
| 6 th & 8 th | 28.5 | 8 | 1 | 15 ft. | Full Court | 2 per 1/2 | 10 ft. | YES | YES | 5v5 | Players must stay behind center court unless pressing. |
| BOYS DIVISION | BALL SIZE | Running TIME PER QUARTER | OVERTIME | FOUL LINE | Court Size | TIME OUTS | BASKET HEIGHT | 3 SEC. RULE | PRESS | | DEFENSE |
| 2 nd & 3 rd | 27.5 | 8 | No | 10 ft. | Cross Court | 2 per 1/2 | 8 ft. | NO | NO | 5v5 | 2-1-2 Zone |
| 4 th & 5 th COED | 28.5 | 8 | 1 | 15 ft. | Full Court | 2 per 1/2 | 10 ft. | YES | NO | 5v5 | Players must pick up at ½ court Man to Man Defense |
| 6 th & 8 th | 29.5 | 8 | 1 | 15 ft. | Full Court | 2 per 1/2 | 10 ft. | YES | NO | 4v4 | Players must pick up at ½ court Man to Man Defense |

- **Uniforms/Jewelry** – Players must wear their team shirt and must be tucked into shorts. No jewelry of any kind may be worn.
- **Playing Time** – Every player must play minimum of half the game. No player may sit out consecutive half/quarters. **Equal Playing Time** is required.
- **Pressing** – Division with pressing may only do so in the final 2 min of the 4th quarter and no press is allowed if you have a lead of 10 or more.
- **Team Fouls** – Six (6) team fouls per half. 1 and 1 foul shots starting with the 7th foul each half. Ten (10) team fouls – 2 shots.
- **Personal Fouls** – Each player is allowed six (6) fouls. Upon receiving sixth personal foul, player is disqualified.
- **Overtime** – Overtime will be 3 minutes (if time allows). No division will have more than 1 overtime. Only 1 timeout allowed in overtime.
- **# of Players** – Teams must have at least 4 players to begin a game. If necessary, you may play with less than 4 once a game begins.
- Leagues in red have been cancelled this year.

Revised: 1/3/2022

