Old Saybrook Parks & Recreation



Spring & Summer Activities 2020

Visit our website at www.OLDSAYBROOKREC.com

Registration for all Programs begins on Wednesday, April 1st

T-Ball and Coach Pitch registration ends on April 16th

Table of Contents

Office Hours/Commissioners/Staff	3	
3 - 5 yr Old Programs		
K - 4th & 5th -8 Grade Programs	5	
Teen Center		
New Programming		
Spirng Specials	8	
Spring Tee Ball and Yoga		
Summer Sport Camps		
Summer Stock Theater & High School Soccer		
CT Trails Weekend	12	
The Clarks Trail Run	13	
Fishing and Trails in Old Saybrook	14 & 15	
Adult Programs		
Pickleball and Tennis		
Teen Trips	18	
Summer Camps		
Summer Movies and Concerts		
Summer Facilities	22	
Beach Passes	23	
PROGRAM REGISTRATION, CANCELLATION AND REFUND INFORMATION		

- All recreational programs require advance registration unless noted. Programs are filled on a first come first serve basis.
- Residents and non-residents may register in person or online.
- Please note deadlines for registration as certain programs may have shorter or extended registration periods.
- If insufficient enrollment causes a class to be cancelled, notification will be given and full tuition refunded, or a credit will be given for future use.
- OSPR reserves the right to change dates, consolidate classes, and/or modify programs in order to make programs accessible to the general public.
- Late charges may be applied to registrations obtained after deadline.
- Full refunds given (7) seven days prior to start date of program.
- 50% refund will be given if cancellation occurs less than (7) seven days prior to program.
- No refund will be given to the following programs, Summer Camp, School Vacation Camps and Sport Camps, if cancellation occurs less than (7) seven days.
- Other cancelation fees may apply.
- No refund given after program starts. Athletic Leagues with OSPR are considered started once registration ends and jerseys are ordered.
- Medical conditions verified by a physician's letter will be honored and full tuition refunded or a credit will be given for future use.
- Registration Starts at 9:00AM promptly in the office or online
- Office Registration Accepts Cash, Check, or Credit/Debit Cards (MasterCard, Visa, Discover). Online registration is credit/debit cards only.
- Partial scholarships are available for most programs, please speak with the Director or Assistant Director for assistance.
- Non-Residents may register for select programs, at a later date and for an increased fee.

There is a \$10.00 Non-Refundable fee on all cancellation of sport camps



OFFICE HOURS

Mondays, Tuesdays, Thursdays 9:00AM — 4:30PM Wednesdays 9:00AM—4:30PM Fridays 9:00AM-4:00PM Saturdays 9:00AM-4:00PM Sundays (until 4/5) 11:00AM-4:00PM

BUILDING HOURS

Monday- Thursday 6:30AM – 8:30PM Friday 6:30AM – 4:00PM Saturday 6:30AM - 4:00pm Sunday (until 4/5) 11:00AM – 4:00PM

Office Closed

Building |Closed

Building Closed

Building Closed

Center CLOSED

Recreation Center Special Hours & Closings

Friday April 10th Good Friday Sunday April 12th Easter Sunday Monday May 25th Memorial Day Saturday July 4th Fourth of July Shutdown Week Aug. 24nd-29th Offices OPEN * Last Sunday open for the season will be Sunday April 5th *

COMMISSIONERS

Susan Esty-Chair Steve Pernal – Vice Chair Jim Henderson - Secretary Bror Ashe Star Ruekert Nancy Gatta Kevin Lane Clerk: Christina Antolino

Staff

Ray Allen - Director Jonathan Paradis – Assistant Director Kyle Bohonowicz– Program & Facility Assistant Rick Pine – Office Administrator Adam Laverty & Matt Hoadley—Park Maintainer

Increase in Program fees

Friends, as you may or may not know the state minimum wage will be increasing substantially over the course of the next 3-4 years and as a large employer of seasonal and hourly employees our department has been faced with some budgeting challenges. We do not want to cut services, reduce staffing levels or compromise our programs to close the budgeting gap. Unfortunately, this means we may need to increase the cost of our programs annually to keep up with the rising cost. We hope you will find these increases minimal, however a raise of any degree can be felt. If you have any questions regarding this message or our fees, please contact our offices. - OSPR

3-5 Yr Old Programs

T-Ball for Beginners

Get Into the swing of spring with this great class. Learn the basics of T-Ball, running the bases, throwing, and hitting off the tee. Class will last for 4 weeks take place in the gym at the Rec. Center. Choose one class only!!!

Age: 3-4 Thursdays: 4:00-4:45PM Fridays: 10:00 – 10:45AM Saturdays: 9:00 – 9:45AM

Fee: \$20.00 Dates: 4/30, May 7th, 14th, 21st Dates: May 1st, 8th, 15th, 22nd Dates: May 2nd, 9th, 16th, 23rd

Creative Dance Movements

Kids learn how to groove to the rhythm of their favorite songs. Kids will learn some basic dance moves with an imaginative mind, clapping hands, and cool props. Class lasts for 5 weeks and takes place at the Recreation Center.

Thursdays: 4:45 - 5:30pm Dates: April 23rd, 30th May 7th, 14th 21st

Ages: 3-5 Fee: \$25.00

Hand Painting

Join us as we explore the painting using our hands as the medium. We will create fun and colorful works of arts.

Saturdays: 9:45-10:30AM Dates: May 2nd, 9th, 16th, 23rd & 30th

Ages: 3-5 Fee: \$20.00

Pre-School Soccer w/ UK International

This class will be taught by UK International Soccer Camps. This program is designed to combine dynamic activity with rapidly developing imagination of preschoolers. Your child will learn some basic foot skills, dribbling, passing, and shooting. Children must wear shin guards. Class takes place at the Recreation Center and last for 6 weeks.

Saturdays: 8:45-9:30am Dates: July 11th, 18th, 25th Aug. 1st, 8th Ages: 3-5yrs old Fee: \$40.00

Ages: 3–5

Fee: \$20.00

Life at the Beach

This class features lots of crafts projects that will focus on a Beach Theme. We will use shells, sand, stories, sea creatures and more. Class takes place in the Recreation Center. Class lasts 5 weeks.

Saturdays: 9:45-10:30am

Dates: July 11th, 18th, 25th, Aug. 1st 8th





Summer Concert Series



<u>Date</u>	Performer, Genre	<u>Sponsor</u>	
June 10 th	Timmy Mia, Modern R&B		
June 12 th	Branded Country, Modern Country		
June 17 th	Dan Stevens, Blues	Middlesex Health PC	
June 24 th	The Meadows Brother, Folk Rock	JM Realty	
June 26 th	Take 2 and Call me in The Morning		
July 1 st	Green Hill, 90's Cover Band		
July 8th	Happy & The Moonshine, Cover band	Grossman Chevrolet	
July 10 th	Only Valeri, Cover Band		
July 15 th	Les Julian, Children & Family	OS Youth & Family Services	
July 22nd	Cold Chocolate, Folk Rock		
July 24 th	Caribbean Vibes, Steel Drum	OS Republicans	
July 29th	Old Lyme Town Band, Instrumental	Gladeview Health Care	
Aug. 5 th	Gracie Day, County Folk		
Aug. 7 th	Acoustic Marsh Pit, Cover Band	Sharon Linder & Mark	
Aug. 12 th	Long Island Sound, Big Band	Patterson	
Aug. 19 th	The Larry Bonin Band	Penny Lane Pub & OSPR	
Aug. 21 st	Marc Berger Band, Original		



Wednesdays 6:30pm - 8:00pm on the Town Green Bring a blanket or a chair and a picnic basket and enjoy an evening of great music Shows in Red are on Friday Nights at Harvey's Beach and start at 7:00pm

Outdoor Summer Facilities

Saybrook Point Mini Golf

155 College St Old Saybrook, CT, 06475 Phone 860-388-2407



\$5.00 per Round / Call for group rates of 10 or more Schedule Spring Hours – May 3rd - May 21st Friday: 4:30pm - 10:00pm Saturday 11:00am – 10:00pm Sunday: 11:00am - 8:00pm Summer Hours – Memorial Day Weekend – June 12th Sunday- Thursday 11:00AM-8:00PM Friday & Saturday 11:AM-10:00PM Summer Hours June 13th – Labor Day Monday – Sunday 11:00AM – 10:00PM

- Birthday party rates available Mon—Fri. before 4:30PM
- Senior Day (60-over)—Wednesdays 11:00AM—4:30PM Cost is \$3.00
- Kids Day (12 yrs old & younger) Monday 11:00AM-4:30PM Cost is \$3.00
- Ice cream, Hot Dogs, Chips, soda & water available for purchase
- All Hours Weather Permitting

Splash Pad at Kavanagh Park

The splash pad is designed for Old Saybrook toddlers to third graders with adult supervision. The 6 different elements operate on a timer that controls when each goes on and shuts off in a 4 minute cycle. Water can be turned on by the black pad that is located on top of the red post at the front right corner of the play pad. The Splash pad will be open on weekends in June until daily operations begin Memorial Day weekend, weather permitting or as Posted **Check our website for this seasons hours of operation**.

OSPR Beaches

Town Beach

Located on Plum Bank Rd. provides swimming and beach activities on Long Island Sound. Restrooms, Food services and Lifeguards are provided from Memorial Day through Labor Day, weather permitting. Required Resident parking passes are available at the Park & recreation Office beginning in April and must be displayed on car at all times to park at Town Beach.



Harvey's Beach

Harvey's Beach welcomes the public and provides access to Old Saybrook's waterfront. Located on Great Hammock Rd. and Long Island Sound, it provides changing rooms, restrooms, playground and lifeguards. Resident parking passes are accepted, or a daily admission fee is required. It is open Memorial Day through Labor Day, weather permitting.

Lifeguard and Bathhouse Hours Monday - Friday 10:00AM-5:00PM Saturday & Sunday 10:00AM – 5:30PM

RECREATION PARKING PASS POLICY

RECREATION PARKING PASS POLICY

The Parks & Recreation Commission issues Recreation Parking Passes to residents and property owners for parking privileges at town facilities under the jurisdiction of the Commission. Listed are regulations relative to the issuance of these passes.

APPLICATION PROCEDURES

Recreation Parking Passes may be obtained in person at the Parks & Recreation Office (entrance on Sheffield St.) backside of the Town Hall. Provide current driver's license displaying Old Saybrook Address. A pass can also be purchased online.

BUY YOUR PASSES EARLY ONLINE

Passes may also be obtained online at

https://oldsaybrookbeach.cityhallsystems.com/index.php When ordering passes online please be aware it may take up to two(2) weeks for pass to arrive. <u>You cannot cancel</u> order and pick up pass at OSPR.

Passes must be affixed to driver's side of windshield.

PERMANENT RESIDENT PASSES

A maximum of two (2) Recreation Passes may be issued to each household. A fee of \$20.00 will be charged for the first pass and \$30.00 for the second pass. Veterans and Seniors (62 years+) pay \$10.00 for the first and \$20.00 for the second pass. A \$50.00 fee applies for lost or Stolen Passes. Recreation Parking Passes are valid for one (1) summer season.

RENTERS PASSES

Permanent Renter = Rents year round

Seasonal Renter = Person who rents a dwelling for 5 or more weeks

Part – Time Renter = Person who rents for 1 to 4 weeks

Permanent renters may apply for (1) Recreation Parking pass. Must have proper proof of residency .I.E proper driver's license, any bills, ETC...

Seasonal Renters (5 or more weeks) may NOT apply for a season pass

Part-Time renter pass will be valid for a two (2) week period. A fee of

\$20.00 for the two (2) weeks will be charged. Two (2) two weeks period maximum: Pass honored at Harvey's Beach only. The renter's car registration is required along with rental verification (lease, agreement, etc.). Must be provided to be granted pass

COMMERCIAL PROPERTY OWNER PASS

Business owners who **own the commercial property** where the business is located may apply for one (1) Recreation Parking Pass. MUST PROVIDE VERIFICATION OF BUSINESS OWNERSHIP.

DOCKOMINIUM OWNERS

Owners of a dockominium on Ferry Rd. may apply for one (1) Recreation Parking Pass. Pass is honored at both beaches. MUST PROVIDE PROPER VERIFICATION OF OWNERSHIP.

INNKEEPER PASSES

Innkeeper may purchase Innkeeper's Recreation Parking Passes upon presentation of their letterhead. A maximum of ten (10) passes will be issued. Additional passes will not be issued during the season. A FEE OF \$15.00 WILL BE CHARGED FOR EACH PASS. PASSES GOOD ONLY AT HARVEY'S BEACH. (Room key must be shown with pass)

*Establishments with less than 10 rooms may purchase passes for that number. VISITORS

A season visitor (friend-house sitting, etc. or family visitor) is NOT ELIGIBLE FOR A RESIDENT/PROPERTY OWNER PARKING PASS.

NON-RESIDENT SEASON PASS

\$150.00 (Good for one car/registration, marker number required from car registration.) *Two Passes permitted if both cars are owned/registered to applicant's residency*

Cover Photo

OSPR would like to thank local photographer and outdoorsman Nick Kanaras for suppling us with our cover photo. Nick took this photo of Cornfield Point and Long Island Sound in February of 2020. Nick's love for photography stems from his passion of the outdoors. When he's not working at TJ's Restaurant here in Old Saybrook, you can often find him on the water or in the woods with a camera in hand!

To see more of Nick's work and follow along his latest adventure, follow him on Facebook or Instagram @iKanOutdoors

Old Saybrook Recreation Parking Passes

All residents wishing to park at a town beach this summer may purchase a Recreation parking pass. To obtain a pass, please



visit <u>https://oldsaybrookbeach.cityhallsystems.com/index.php</u> or come into the Rec Center with a current Driver's License starting April 2nd. Passes will be mailed to your home. A Recreation parking pass allows you to park at Town or Harvey's Beach. If you do not have a pass there is a weekday and weekend fee to part at Harvey's Beach. Senior citizen rates available.

Resident Parking Pass Fees: 1st car =\$20.00 2nd car =\$30.00

Follow us on Instagram at @OSParksRec

Follow us on Twitter at @OSParksRec

Find us @ Old Saybrook Parks and Recreation



Old Saybrook Parks & Recreation 308 Main St. Old Saybrook, CT, 06475 860-395-3152 860-395-3154 (F) www.oldsaybrookrec.com

"Bringing our Community together through excellence in our beaches, parks, fields, facilities and programs."

K – 4th Grade Program

Silly Scientist

In this program your child can create some cool "science" projects. Make Slime, Jewel Crystals, Worms, and more. Classes take place at the Goodwin School. Class will meet for 5 weeks after school at Goodwin

Mondays: 3:15-4:00PM Dates: April 20th, 27th May 4th, 11th, 18th

Grades 2nd —4th Grade Fee: \$30.00

Kick Ball Club

Your Child can enjoy the great game of kickball in this fun & energetic class. A great way to get that energy out afterschool. Class takes place after school at Goodwin Elementary. Tuesdays: 3:15 - 4:00PM Grades: K – 2nd Grade Dates: April 21st, 28th May 5th, 12th, 19th Fee: \$20.00

Flag Football

Students in 2nd & 3rd grade are invited to learn the basics of flag football in a co-ed, noncontact setting. Program meets at Goodwin. Dress appropriately for outside play Grades: 3rd & 4th Grade Wednesdays: 3:15 – 4:00PM Dates: April 22nd, 29th May 6th, 13th, 20th Fee: \$20.00

Dancing Class at Goodwin

Dance for joy with OSPR's dance party. Warm up, shake it up, and get down to today's hottest jams. Come and enjoy the fun. Wear comfortable clothes, dance shoes or sneakers, no bare feet. Class takes place at Goodwin Elementary. Thursdays: 3:15-4:15PM Grades: K-4th Dates: April 23rd, 30th May 7th, 14th, 21st Fee: \$25.00

Color by Number

Join us for an afternoon of art as we all find our inner Picaso. Each participant will be given their own Color by number work book where they will master the art of coloring. Class takes place at Goodwin Elementary

Fridays: 3:15-4:15PM Grades: K-3rd Dates: April 24th, May 8th, 15th, 22nd, 29th Fee: \$20.00

5th – 8th Grade Afterschool Programs

Stickball at MacMurray

OSPR is taking you all the way back to NYC in the 50's for some afterschool fun. We are playing stick ball on MacMurray Field. Using a tennis ball and a broom handle we will bring the fun of baseball and the nostalgia of stick Grades: 5th-8th Grade Tuesdays: 2:45-3:45 PM

Dates: April 21st, 28th May 5th, 12th, 19th Fee: \$20.00

Flag Football

Participants will be placed in teams each week and will play outdoors. OSPR will provide the flags, footballs and fun. In the event of rain, class will take place in the gym at The Rec. Thursdays: 2:45-3:45PM Grades: 5th - 8th Grade Dates: April 23rd, 30th May 7th, 14th, 21st Fee: \$20.00

Friday Fishing at Town Park

What better way to end the week than an hour of fishing outdoors! Join OSPR at Crystal Lake from 3:00pm – 4:00pm. This program will focus on how set up your pole, cast and reel in the big ones. You can bring you own pole, or we can provide one for you. Only 8 spots are available for this great program. Grades: 5th-8th Grade Fridays: 3:00-4:00 PM

Dates: May 8th, 15th, 22nd, 29th

Fee: \$20.00







Teen Center

Teen Center Hours

4th and/or 5th Grade – Friday Afternoons 2:35pm-4:00pm 6th-8th Grade – Monday – Thursday Afternoons 2:35pm-5:30pm Friday Night Teen Center - 6th-8th Grade - 7:00pm-9:30pm For more information on the Teen Center, please contact Kyle Bohonowicz at Kyle.Bohonowicz@OldSaybrookCT.gov or by phone at 860-395-3152

Friday Night Teen Night

Each Friday Night, OSPR provides a safe and fun environment for 6th-8th graders. Whether it's utilizing the gym, playing a game of pool, or simply socializing with friends, the Teen Center is open! As the warmer weather approaches we have some great events lined up, so don't miss out!

- 3-on-3 Co-Ed Basketball Tournament -Friday, March 20th
- Co-Ed Volleyball Tournament -Friday, April 10th
- Home Run Derby -Friday, May 1st Sponsored by: Parthenon Diner
- Dodgeball Redemption Tournament -May 15th
- 8th Grade Goodbye BBQ -Friday, June 5th

 Friday Nights:
 7:00-9:30pm
 Grades: 6th-8th

 Membership Fee:
 \$10.00
 Non-Members: \$5.00 per Friday

 *Teens must sign-in upon arrival and will not be allowed to leave unless a parent/guardian picks them up or provides permission for them to leave
 April Vacation Teen Center

During April Vacation, the Teen Center will be open from Monday April 13th- Friday April 17th from 12:00PM – 5:00PM. All students in grades 6th -12th are welcome to attend. Every day at 2:00PM we will have a group activity offered. There is no additional cost during this week, it's part of your Teen Center Membership. We ask that all students sign in and out and follow the Teen Center Rules. This is a great opportunity for students to spend time with friends in a fun, safe and supervised setting. As we get closer to April, there will be more information available.

Summer Teen Center

The Teen Center is open throughout the summer on Tuesdays and Thursday afternoons from 12:00pm - 5:00pm. Teen Center members can use the game room, black top and gym to hang out with friends under the supervision of our Teen Center staff. During the summer months the Teen Center is for any member entering grades 6th-9th.

Tuesdays & Thursdays: 12:00pm - 5:00PM Grades: 6th-9th Free with membership

After School Programs – FREE W/ MEMBERSHIP

Ping-Pong Tournament

Do you think you are the best Ping-Pong player at the Rec? Well, now is your time to prove it! This will be a single elimination style tournament that will help decide our champion! Prizes will be awarded for players finishing in the top 3!

April 20th-23rd: 4:00-5:30PM

Free with membership

Grades: 6th-8th

Respect Yourself, Respect Others, Respect The Rec

New Programming

Blackwolves LAX Clinic and Game at Mohegan Sun

We have teamed up with the New England Blackwolves of the National Lacrosse League to offer a 1.5 hour lacrosse Clinic on the turf at Mohegan Arena. This clinic will feature hands on instruction and drills with the professional athletes themselves. This is a great opportunity to play on the very field the team plays on each night in

the 10,000 seat arena. Each participant will also receive a free ticket to that evening's game against the Georgia Swarm at 7:00pm. Each child should bring their own stick. Parents can purchase additional tickets for \$16.00 per person to attend the game. Saturday: Time TBD Grades: 3rd – 12th Date: April 18th Fee: \$16.00





Intro to Photography

In this course, you will learn how to work with your camera of choice. Learn how to use the settings on your SLR camera, point and shoot and your smart phone. Composing a photograph and basic concepts of photography will be taught. From a brief history of photography to printing your photos, we will cover the basics of photography and practice what we have learned. Class is instructed by Tina Rupp. Tina, is a professional photographer based out of NYC and photographs everything that deals with food. She has worked with Bon Appetit, Food & Wine and Food Network to name a few of her clients. Class will take place at the Rec. Center and adjacent property. Each child will need their own camera, all types are welcome.

Tuesdays: 2:45-3:45pm Dates: April 21st, 28th May 5th, 12th, 19th Grades: 5th-8th Fee: \$30.00

Ultimate Frisbee for Adults

We are pleased to be offering two sessions of this fun and fast paced sport this spring and summer. We will play pick up style games for the 1st hours and the final 30 minutes will be a scored game. All you need to bring is yourself and some energy we will provide the rest. This program is free, but you MUST register online. Will not meet on June 24th Wednesdays: 6:00PM – 7:30PM Ages: 18+ Spring: April 1st – June 3rd at OSMS Summer: July 1st – August 12th OSHS Turf Field

7v7 High School Field Hockey League

Join us for our inaugural season of high school aged Summer Field Hockey league. We will play at the OSHS Turf field on Thursday nights in July. Participants will register online and will be assigned to a team and volunteer coach. Games will follow a round robin format and will be 20 minutes in length. Teams will play 3-4 games per night.

Thursdays: 6:00PM - 7:30PM Dates: July 2nd, 9th, 16th, 23rd, 30th Grades: 9th -12th Fee: \$5/10 Res/Non-Res







OSPR Spring Specials

School Out's Vacation Camp K – 5th Grade

Looking for something fun and exciting for your child to do while school is out? Your child can enjoy activities such as tag games, dodge ball, Arts –n- Crafts, movies and more. Please bring snack and lunch and active clothes, Program is held at the Recreation Center. A special field trip will be planned. **Space is limited. Sign up early!!**

Dates: Mon. - Fri. April 13th-17thAges: K —5th GradeTimes: 9:00AM—4:00PMFee: \$125.00 for the WeekTeen Center is open Noon - 5:00pm 6th - 8th ONLY

Easter Egg Hunt

Join us for this fun event to find different pieces of wrapped candy and prizes. Three different fields around the Recreation Center will be used for the kids to hunt .Age groups will be 2-4 yr olds on McMurray Field, 5yr olds - 1st graders on the Middle school field, and 2nd & 3rd graders on the Town Green. Please bring a basket to put the goodies



in. Don't forget to bring a camera to take pictures with the Easter Bunny. Sponsored by Old Saybrook Lions Club.

Date: Saturday, April 4th

Fee: FREE

Hunt Times: 2-4 yr olds 11:00AM 5yr - 1st Grades 11:15AM

2nd & 3rd Grades 11:30AM

Annual Rock Hunt at Town Park

It's time to go rock hunting!! This fun annual event will be held at Clark Community Park on Schoolhouse Rd. The Hunt will begin at 10:00AM (sharp). Hunters in grades 4th-6th are invited to search the woods for painted rocks which can be traded in for gift certificates, candy prizes and more. Anyone up for the challenge should show up on time with a bag or bucket to collect the rocks. Please sign up online or in the office for this event to give us an idea of numbers.

Date: Friday, April 10th Time: 10:00AM

Grades: 4th—6th Fee: FREE

8th Annual Ray Dobratz Annual Fishing Derby

Join us for a fishing derby at Crystal Lake at Clark Community Park on Schoolhouse Rd. Who will get the biggest catch of the day? Children age 5-15 can be accompanied by a family member in this great derby which kicks off the fishing season. The lake will be stocked with trout for all to enjoy. Prizes will be awarded for biggest fish caught. Coffee, hot chocolate & donuts will be served in the morning and Hotdogs will be available later in the morning. Register by April 24th

 Date: Saturday, April 25th
 Fee: \$5.00 per person

 Time: 7:00-10:00AM
 OS Residents Only - Participants 16+ bring valid fishing license.



Pickleball

Pickleball for Adults

Pickleball is a great program to be active and have fun at the same time. Beginners to advanced are all welcome. Our program meets twice a week on Monday and Thursday mornings. Both programs take place at the New Main. St. Park.

Spring: Mondays & Thursdays – 4/30 – 6/25 Time: 9:30AM-11:30AM Ages: 30+ Summer: Mondays & Thursdays – 6/29 - 8/20 Time: 9:30AM-11:30AM Ages: 30+

Summer Saturday Pickleball @ The Rec

It is our same fun year long program, just on Saturdays in the summer at the Rec. Teams and games will be formed on the spot and we will rotate all players through three courts. Ages: 30+

Saturdays: 9:00-11:00AM Dates: June 20th – August 22nd

Intermediate Instructional Pickleball Lessons

This program will teach some more advanced techniques and strategies of the game. This is a program for anyone who has yet to master the sport! Class is taught by USAPA Ambassador, Pro and referee, Kathy Reidy.

Wednesdays: 5:30-6:30pm Dates: April 29th May 6th, 13th, 20th, 27th June 3rd

Summer Pickleball Mixed Doubles League

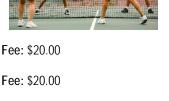
Join us for our inaugural season of Pickleball at our new courts on Main St. Individuals will register and you will be placed with a partner for mixed doubles play. This is a co-ed, friendly league focusing on play, socializing and getting outdoors. There will NOT be refs, you will make your own calls. You will play each day with a new partner. Balls will be provided, participants will need a racquet. Days: Wed & Friday 9:00am -12:00pm Ages: 30 + Dates: June 24th- Aug 7th Fee: \$30.00

Tennis

Summer Social Tennis League for Adults

We are switching things up for our 3rd year of summer tennis. Instead of a traditional league, you will be placed on a team and given 1-2 matches per week that 2-4 of your teammates will need to attend. This will be a multi-week league. Teams will be made by OSPR. Teams will then decide who plays each week. Thurs: 6:00-8:00PM Dates June 18th – August 6th

Ages: 18+ Fee: \$30.00





Ages: 18+ Fee: \$40.00

Fee: \$20.00

Teens Trips 7th -12th Grade

LaserQuest

Rain or shine! Be ready for some live action laser tag to see if you come out on top. Pack a lunch to refuel for three games of competitive fun

Date: Friday, June 26th

Leave Old Saybrook P&R 10:15am

Lake Compounce, Bristol, CT

Bring your towel, lots of sunscreen and prepare yourself for a load of fun. Date: Wednesday, July 1st

Leave Old Saybrook P&R: 9:15am

WNBA CT Sun, Uncasville, CT

Come join us for CT Sun Camp Day at Mohegan Sun Arena as we watch the WNBA CT Sun take on Atlanta. Tip-off is at 11:30am; please make sure to bring some extra money for a snack during the game.

Date: Wednesday July 8th

Leave Old Saybrook P&R: 10:30am

Cost: \$30.00 Return approximately: 3:00pm

Return approximately 3:00pm

Return approximately 3:00 p.m.

Return approximately 3:00 p.m.

Return approximately: 5:00pm

Cost: \$45.00

Cost: \$45.00

Cost: \$40.00

Cost: \$40.00

Pine Lake Adventure Park, Bristol CT

40 acre public park that consists of ropes, steel cables, and obstacle courses! It will take teamwork, communication skills, creativity, and the degree of cooperation to complete the tasks at hand!

Date: Friday, July 17th

Leave Old Saybrook P&R: 9:30am

Yard Goats Baseball Game Hartford, CT

Join us for a day at the Ball Park in the Dunkin' Donuts Park as we watch the AA affiliate of the Minnesota Twins in this 12:05 day baseball game. Check out the future of the Major Leagues! Bring some extra money to enjoy some snacks at the stadium. Date: Wednesday, July 22nd Cost: \$30.00 Return approximately: 4:00pm

Leave Old Saybrook P&R: 10:00am

Tubing the Farmington River

Park yourself in a river tube and float down the 2.5 mile ride down the wild and scenic Farmington River. Pack a lunch to enjoy by the river following our ride.

Date: Wednesday, July 29th Leave Old Saybrook P&R 9:00am

Launch, Hartford CT

Trampoline courts, basketball, foam pits, arcade, and so much more! Date: Friday, August 7th Cost: \$45.00 Leave Old Saybrook P&R: 9:00am Return approximately 4:00

Brownstone Exploration & Discovery Park, Portland CT

A day of adventure at the park with access to floating water toys, trampoline, water slide and, cliff jumps. Pack a lunch and plenty of sunscreen! Date: Wednesday, August 12th Cost: \$60.00 Leave Old Saybrook P&R: 9:15am Return approximately: 4:00pm

Six Flags New England, Agawam MA

Participants will be able to ride their favorite rides and test their bravery on some of the biggest roller coasters around. Bring some extra money to enjoy park food or grab a souvenir!

Date: Wednesday, August 19th Leave Old Saybrook P&R: 9:00am

Cost: \$45.00 Return approximately: 5:00pm













Summer Camps

Junior Playground Camp at The Rec. (Age 4 - Kindergarten)

This Fun program will provide a variety of different activities: outdoor games, water color, collages, story time, water games, playground play, trips to the splash pad, and many more exciting activities. Program is held M-F, from 9:00AM– 12:00PM at The Rec Center.

choining activities.		at mon
Session 1	6/22 – 6/26	\$75.00
Session 2	6/29 – 7/3 *Special Music Guest*	\$75.00
Session 3	7/6-7/10	\$75.00
Session 4	7/13 – 7/17	\$75.00
Session 5	7/20 – 7/24	\$75.00
Session 6	7/27 – 7/31	\$75.00
Session 7	8/3 – 8/7	\$75.00
Session 8	8/10 – 8/14 *Special Music Guest*	\$75.00
Session 9	8/17 – 8/21	\$75.00

Park & Rec Summer Camp 1st-5th Grade

Sessions are open to all residents entering 1st -5th Grade. Summer camp is a series of one week programs that will feature field games, sport activities, arts-N-crafts, trips and special events. Program held Monday-Friday 9:00-4:00PM. Program takes place at the Rec Center.

Session 1	6/22 – 6/26	CT Beardsley Zoo		\$115.00
Session 2	6/29 – 7/3	Roller Magic \$115		\$115.00
Session 3	7/6 – 7/10	Dinosaur State Park \$115		\$115.00
Session 4	7/13 – 7/17	Carnival Day at NPR \$115		\$115.00
Session 5	7/20 – 7/24	CT Science Center \$115		\$115.00
Session 6	7/27 – 7/31	Pine Lake Adventure Course \$115.		\$115.00
Session 7	8/3 – 8/7	Mystic Aquarium		\$115.00
Session 8	8/10 – 8/14	The Children's Mus	seum	\$115.00
Session 9	8/17 – 8/21	AMF Bowling		\$115.00
Tueso	lay	Wednesday	Thursda	y
Harve	y's Beach	Mini Golf	Special T	rip

Color Wars

The last week of camp **(Session 9)** will be our 8th Annual Color Wars Week. This week the campers are spilt up into teams and will have games and activities throughout the week as part of the Color Wars. On Friday Color Wars ends with an Olympic style opening ceremony and tournament with winner being announced during the closing ceremony on Friday Afternoon.

Before Camp & After Camp Care 1st-8th Grade

The Park & Recreation Department will offer a Before & After Camp Care program. These extra hours are designed to provide supervision to youth in grade $1^{st} - 8^{th}$ who need extended camp hours. We will staff from 8:00 –9:00am and After Care will be available from 4:00 – 5:30 p.m. Staff is not on duty before 8:00 a.m. or after 5:30 p.m.

Before Care: 8:00am-9:00am	Fee: \$20.00
After Care: 4:00pm-5:30pm	Fee: \$25.00

Yellow Shirt Jr. Camp Counselor Volunteer 1st-5th Grade camp (Monday – Friday)

Children who are going into 8th 11th grade can "work" as a Yellow Shirt counselor at the camp. As a volunteer counselor that aids the main staff in provided care for the children. Basic duties include set up/breakdown of games, bathroom breaks, group supervision on trips, being active in games, and much more.

Register early, this fills up FAST

Monday-Friday: 9:00am-4:00pm

Fee: \$10.00 for Jr. Staff shirt

Summer Camps

Middle School Summer Camp 6th-8th Grade

Register for camp this summer and enjoy a week of fun & games! Camp is Mondays, Wednesdays, Fridays and meets at the Recreation Center from 9:00AM– 4:00PM. Mondays we head downtown on our Main Street Stroll, Wednesdays, Mini Golf and the afternoon at Town Beach and on Fridays we head out for a Field Trip. Space is limited.

Session 1	6/22-6/26	LaserQuest		\$100.00
Session 2	6/29 – 7/3	*Lake Comp	*Lake Compounce*	
Session 3	7-6–7/10	*WNBA*	*WNBA*	
Session 4	7/13–7/17	Pine Lake A	Pine Lake Adventure	
Session 5	7/20–7/24	*Yard Goats	*Yard Goats Game*	
Session 6	7/27 – 7/31	*Tubing Farmington River*		\$100.00
Session 7	8/3 – 8/7	Launch		\$100.00
Session 8	8/10 – 8/14	*Brownstone	e Adventure Park*	\$100.00
Session 9	8/17 – 8/21	*Six Flags*		\$100.00
Trips for each session				
Monday	Wee	dnesday	Frid	ay
Main Street Stroll	Mini Golf	& Town Beach	Special Trip *We	dnesday trip*

Summer Basketball League w/ OS Basketball Club

OSPR has teamed up with Old Saybrook Basketball Club to offer summer youth basketball leagues on the Vin Baker courts. This is a great opportunity to play the game throughout the summer and get to know your coaches before the season starts. We will keep score and teams will change week to week. Those registered prior to June 1st will receive a reversible, Blue and White, mesh game jersey.
Thursdays: 6:00-8:00PM
Grades: 5th6th & 7th-8th
Dates: June 25th – August 6th *No game 7/2
Fee: \$40.00

Summer Movies Nights

In our 3rd year of Summer Movie Nights we are offering four movies at three venues. We will have a movie this year at Saybrook Point in addition to the Green and Harvey's Beach. All the movies will take place on a Friday evening, shows will start close to 8:00pm. Last show is on **SATURDAY**

<u>Date</u> 6/19 – 8:30pm	Location Town Green	<u>Movie</u> Pets 2	<u>Sponsor</u> H&R Block
7/3 – 8:30pm	Saybrook Point	Sandlot	
7/31 – 8:15pm	Town Green	Aladdin	Gladeview Health
8/22 – 8:15pm	Town Green	Dora & The Lost City of Gold	

Summer Movies Nights is sponsored by:



Child and Adult Orthodontics of Old Saybrook

Spring Tee-Ball for Kindergarten

Kindergarten Tee-Ball

OSPR Tee-Ball program is designed to teach skills, encourage team work, provide fun, and to build self-esteem. Tee ball is a fundamental step to playing baseball and softball. Participants will have one practice per week and play games on Saturdays.

Saturdays: 10:00 or 11:15AM Dates: May 2nd – June 13th Grades: 5 yr olds - K Fee: \$30.00

Our league is sponsored by:



Registration deadline is Thursday, April 16th. Coaches are needed!!! Coaches meeting will be Thursday, April 23rd at 6:00pm at the Rec.

Yoga Classes at Saybrook Point & Harvey's Beach

6 week Gentle Yoga Classes

Every six weeks OSPR holds an ongoing Adult Gentle Yoga program at Saybrook Point. This program meets on Monday and Thursday mornings. Our program is

taught by Terri Cain, BFA, MA, MDiv. She is a certified Kripalu Yoga teacher. Her goal is to help each student find their unique yoga practice. An active community advocate and Beacon Award recipient, please check our website for more information on the next program to register.

Gentle Yoga

A Unique class designed to truly introduce you to your body and all the amazing movements it is capable of. Explore your flexibility to both beginners and experienced. Lots of modification is offered. Sign up and do something healthy for yourself. Class lasts for 6

weeks and takes place on Monday's and Thursdays at The Vicki G. Duffy Pavilion at Saybrook Point.

Time(s): 10:00AM or 11:15AMAges: 18+Fee: 65/Session 6: April 2^{nd} – May 11thSession 7: May 14th – June 25th *no Class on Monday, May 25^{th*}Session 8: June 29th - Aug. 6thBeach Yoga w/ Terri Cain at Harvey's Beach rt. 154Wednesday: 6:00-7:00pmAge: 18+Dates: June 17th-August 19thFee: 65/





Summer Sports Camps

U.K International Soccer Camps

UK international Soccer tots program introduces soccer in a fun filled environment. Players learn the fundamentals through soccer based activities. UK Soccer Camp for 7-15 yr olds teaches fundamentals of soccer through a range of activities. Campers will enjoy playing soccer games, tag games and more. A Rain Date of Sat. 6/22 is reserved.

Tots Camp and UK Camp: June 22nd - 26th

Age: 3-4 Yr Olds Age: 5-6 Yr Olds Ages 7-15 Yr Olds Time: 9:00 – 10:15AM Time: 10:30 – 12:00PM Times: 9:00AM-12:00PM

OSPR Summer Adventure Day Camp

Back this summer is OSPR Adventure Hi and Low ropes camp. Campers will work on Team building exercises, ice breakers, high and low rope stations. This will be a challenge by choice camp. Camp will meet in OSMS Gym and will be instructed by OSMS PE teacher Katey Flanagan.

Time: 9:00AM-3:00PM Dates: June 22nd - 26th

Grades: 5th_9th Fee: \$120.00

Jr's & Youth Tennis Camp

Instruction will take place using shorter, lighter racquets, slower and lower-bouncing balls and smaller court dimensions, making the learning process easier and a lot more fun. The emphasis is on basic hand-eye coordination, movement, and making kids' first experience fun, easy, and successful. Instruction will include the fundamentals of tennis through play-based activities and skills progression. Taught by OSHS Varsity Girls Tennis Coach Erin Reid. Please bring your own racquet.

Dates: Aug.3rd - 6th Fee: \$40.00 Times: Jr.'s Camp 9:00-10:00AM, Youth Camp - 10:15-11:15AM or 11:30-12:30pm

Ticks Lacrosse Camp

Trask Park Mon - Thurs

Camp is designed to teach beginners, intermediates, and even those with more experience. Camp will focus on catching, throwing, shooting, ground balls, cradling, and 3-man weaves. Bring plenty of water. Lacrosse sticks will be available for those who need them. Camp takes place at The Rec. and is run by Tick's Lacrosse, our local travel club. Time: 5:00-7:00PM Grades: 2nd—8th Dates: July 27th - 30th Fee: \$25.00

Dance Camp w/ The Gray School of Irish Dance

In this exciting camp, you will learn energetic moves and your feet will fly with ease as you learn fun Irish Dance steps. We will learn dances together to fun electrifying music. Join us for a week full of dancing, crafts and games, a little bit of Gaelic and plenty of fun! Dancers will learn the Jig and Reel and start to develop the most important skills to be a beautiful Irish dancer. Class takes place at their studios.

Mon - Thurs 9:00AM -12:00PM Mon - Thurs 5:00PM - 8:00PM Dates: July 13th - July 17th

Grades: K-4th Grades: 5th - 8th Fee: \$60.00









Fee: \$50.00

Fee: \$60.00

Fee: \$90.00

Ages: 5 -7 or 8-14

Old Saybrook Basketball Club Basketball Camp

This coed instructional camp is for boys and girls entering grades 3rd-8th. Instruction will be provided by OSBC coaches. Camp will meet at the Rec. and will use both the gym and outdoor courts.



Mon-Thurs: 5:00-7:00PM Dates: June 29th – July 2nd

Grades: 3rd-8th Fee: \$25.00

Summer Stock Community Theater Camp



Summer Stock Theater Camp is back at OSPR we are pleased to announce that we will be performing Into The Woods Jr. This two week program is for youth entering grades $6^{th}-9^{th}$ and we also have a mentor/show coordinator positions available for $10^{th}-12^{th}$ graders. This all day camp will take place at OSMS, with one performance on Saturday, July, 11^{th} at 5:00pm. Tickets to the performance will be sold online and will be \$10.00 per ticket.

Pre-productions workshop will take place on May, 6th & 20th

 Summer Stock Camp
 Ages: 6th-9th

 Mon.-Friday: 9:00-3:00pm
 Ages: 6th-9th

 Dates: June 29th – July 10th
 Fee: \$250.00

 Summer Stock Mentor/Show Coordinator *limited to 10 seats*

 Mon.-Friday: 9:00-3:00pm
 Ages: 10th-12th

 Dates: June 29th – July 10th
 Fee: \$125.00

High School Soccer Programs

Young Adult Co-ed Futsal Soccer League

 This futsal league at the Rec. will consists of 6 wks. of games, and the 5v5 play with no goalies will make this a fast and fun league. Sign up soon!!

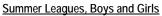
 Saturday 9:00 - 10:00AM
 Grades: 9th-12th

 Dates: 3/7 – 5/2 No games on 3/28
 Fee: \$15.00

Saturday Soccer Skill Clinic

OSPR is offering this 6 week program that will focus on the fundamental skills of soccer at The Rec. We will focus on a new skill or area of soccer each week. Players will leave this clinic with a better understanding of the skills of the sport and what drills they can do to improve.

Saturdays: 8:00-9:00am Dates: May 9th, 16th, 23rd 30th June 6th, 13th Grades: 9th-12th Fee: \$15.00



Back for its 4th year, we bring to you our 8 week summer soccer league for any high school student entering grades 9th through 12th. This fun, yet competitive league will be pick up style, with teams forming on the fly. This league will be a great way to prepare for the upcoming season, or just have a good time playing during the summer! All games will take place at Ferry Rd.

Mondays: Girls 4:30pm & Boys 6pm Dates: Jun 29th – Aug. 3th Grades: 9th-12th Fee: \$15.00





National Trails Day

National Trails Day is the only nationally coordinated event designed to unite all muscle-powered trail activities with the goal of connecting more people to trails. Every trail beckons adventure and has a story to share with any person willing to discover it, and American Hiking Society believes these trail experiences can improve the lives of every American.



Each year, on the first Saturday of June, American Hiking Society and the trails community invite Americans of all ages and abilities to find their own adventure and discover their unique story at one of the thousands of events hosted throughout the country.

By coordinating a wide array of trail activities on a single day, National Trails Day attracts new trail users and helps connect existing trail enthusiasts with local clubs and organizations with the hopes of creating trail advocates and stewards.



CT Trails Weekend & Old Saybrook Events



Paddle around Dunks Island

Join us for a paddle on the water as we explore the Oyster River, The Back River and wrap around Dunks Island. Bring your kayak, or canoe down to the launch under the bridge of RT behind the produce stand. This paddle tour should last about 2 hours and will cover roughly 4 miles of water trails. A personal flotation device is required.

Saturday: 10:00amDepartureAge: Open to AllDate: June 6thFee: FREE

Walk Downtown

The Town has made a great investment to be a walkable town, so join OSPR in the annual CT Trails Weekend on Saturday, June 6th. We will meet at The Rec. at 308 Main St. This 1.5 mile walk will take us down Main St. past the Police Station, over to Goodwin Elem. and back to The Rec. Please wear appropriate attire and bring some water and snacks.

Saturday: 2:00PM Date: June 6th Age: Open to all Fee: FREE

Sandbar Stroll

On Sunday afternoon we'll walk the sandbars of Long Island Sound. We will meet at Harvey's Beach and walk to Town beach and back. This scenic walk is one mile in distance and should take about 20 minutes. Bring a camera, enjoy view, and the water and sand on your toes.

Sunday 4:00PM Date: June 7th Age: Open to All Fee: FREE

Trails Run at Clark Community Park



for detailed race information Jonathan Paradis | (860) 395-3152 | www.clarkstrailrun.org

\$25 Prior to August 10th | \$35 Race Day

All proceeds benefit OSPR pre-k and after school enrichment programs



register at www.clarkstrailrun.org

Register in person at OSPR | 308 Main St. (behind the Town Hall) Old Saybrook, CT 06475

Thank you to Zac of College Planning Partnerships and all of our sponsors!

Fishing and Crabbing in Old Saybrook

Crystal Lake at Clark

Community Park – Opening day is the 2nd Sat. in April at 6:00am. In this fresh water lake there are trout, cat fish, bass, pickerel, sunnies and much more wildlife.

Gardiner's Landing & The Cause Way @ Saybrook Point – These two locations offer access to the mouth of the CT River. Fish common in this area include, stripers, blues, fluke, black fish and sea bass.

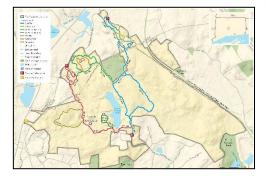
Crabbing at Sheffield St. Dock in North Cove and Oyster River

These two locations offer great



opportunities for crabbing later in the season as the waters in the Long Island Sound and CT River Estuary warm in late June through early September. Blue crabs must meet certain sizes in order to keep them and blue crabs with eggs are illegal to keep.

Any angler 16 years and older, you must hold a valid CT fishing license. For more information on fishing or crabbing in Old Saybrook and CT, please visit <u>www.ct.gov/deep</u>



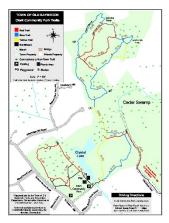
Trails in Old Saybrook

The Preserve

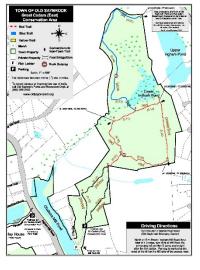
The interim trails of The Preserve have been set and are ready for use. The main parking lot is located on Essex Road (Rt154) in Westbrook. There is room for several cars in the small parking lot on Ingham Hill Rd in Old Saybrook.

Clark Community Park

More fondly referred to as Town Park, Clark Community Parks on Schoolhouse Road offers a wide variety of activities including softball and baseball fields, fishing at Crystal Lake and miles of hiking trails. Marked as either red, blue or yellow, these trails connect with other properties to create a vast trail system in Old Saybrook.

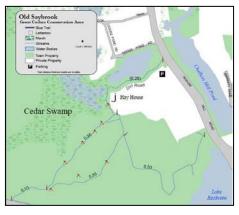


Trails in Old Saybrook



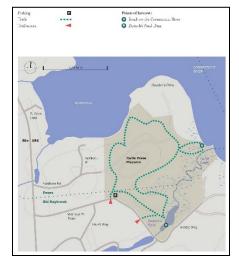
Great Cedars East & West

Great Cedars East and West are located off of Ingham Hill Road and offer some great trails that connect to The Preserve and Clark Community Park. Great Cedars East is home to our 1 mile Letterboxing Trail, which contains 10 stamp stations.



Turtle Creek

While this property is not owned by the Town of Old Saybrook, Turtle Creek offers some very nice, well maintained trails that lead out to the Connecticut River. Nestled in the Otter Cove area of town sitting on the border between Old Saybrook and Essex is roughly 93 acres of preserved land.



For more information, please visit our office

or our website at <u>www.oldsaybrookrec.com</u>. You can pick up printed copies of each map at our office or online.

Adult Programs and Activities

Golf Lessons at Fenwick Golf Course

Know it all or need help improving your game, OSPR is proud to work with Fenwick Golf course to offer golf lessons at the Ryder Cup Course. These lessons will cover 130 yards and down, irons and approaches, putting and how to improve your swing. Instructed by Sue Cart, PGA golf professional at Stonington Country Club.

Tuesdays: 5:30-7:30pm Date: May 5th, 12th, 19th, 26th Location: Fenwick Ryder Cup Course Fee: \$100 RES / \$125 Non-RES

Fee: FREE

Late Spring & Summer Adult Co-Ed Outdoor Soccer

This late spring soccer program will take place at Ferry Rd. Ballfield on Saturday mornings. We will be playing 5v5. This league is for males and females 18 and older. Cleats are recommended but shin guards are required. This will be pick up play and in the summer the league will meet at the OSHS Turf field. The league will not play on May 25th or July 4th Saturdays: 8:00-9:00am Aae: 18+

Spring Dates: 4/25 – 6/13 Summer Dates: 6/20 - 8/15 *no game on 7/4*

Adult Co-Ed Recreational Softball League

League play for adults 25 yrs. and up begins June 15th. Teams will play up to twice a week for 10 weeks. Parks & Rec. will be accepting rosters as of April 15th. Teams provide scorebooks, umpires and a ball for each game. Teams are asked to wear like colored jerseys. League plays on Mondays, Tuesdays &

Wednesdays. All games take place at Town Park, The Middle School, Kavanaugh Park Field or Fireman's Field.

Cost: \$75.00 per team.

Men's Pick-up Basketball Times

Come Down to the Recreation Center and play some great Men's Pick-up basketball Games. Residents may bring a non-resident quest for a \$2.00 fee.

Mondays: 18 & Over 7:00-8:30PM

Tuesdays: 30 & Over

Co-Ed Adult Pick –up Volleyball Times

Co-ed Adult Volleyball night. Play is for Old Saybrook Residents. Residents may bring 1 guest for a \$2.00 fee. There will be no Volleyball in the month of Feb & March for our Adult kickball league. Time: 7:00-8:30PM

Day: Wednesdays through June 19th

Women's Open Gym Night

Women 18 and over can come down to the Recreation center to enjoy a game of basketball or just hang out in the Games Room. Residents may bring a non-resident guest for a \$2.00 fee. Day: Thursdays Time: 7:00-8:30PM









