

Adult Coed Outdoor Soccer Rules

Game Play

- A game will start no later than 10 after
- Games will consist of two – 20 minute (running time) halves
- 2 minute half time
- A size 5 outdoor soccer ball shall be used.
- Games are 5v5 no player may guard the net.
- There will be NO direct kicks
- There is no goalie and therefore no use of hands allowed
- A goal must be shot within the same side of the field.
- In the event of a tie, each player from the team shall kick one free kick from $\frac{1}{2}$ field, alternating with the other team. Each goal will be one point. The team with the most points wins. If a tie remains, the two team will repeat.

No Play Zone

- No player will be allowed to touch the ball in the no play zone right outside the goal.
- If an offensive player enters the no play zone and makes any contact with the ball, they will lose possession of the ball and the defensive team will put the ball into play from just outside the zone.
- If a defensive player enters the no play zone and makes contact with the ball, the offensive team will receive a free shot at goal from $\frac{1}{2}$ field.

Substitutions

- Substitutions can be made at any point during the game.
- The player in the game must first come off the field, before the sub may enter the game.

Sportsmanship

- This is a friendly league and OSPR expects all participants to demonstrate good sportsmanship
- There will be zero tolerance for malicious play. Slide tackles, tripping, hitting, etc. will not be tolerated or allowed.
- Anyone who participates in a physical altercation will be removed from the league without refund.

Maple Ave Ball Field

- 105 Maple Ave, Old Saybrook, CT 06475
- Look for OSPR White Signs on St.
- Please leave the park and field in better condition than you found it.

