OLD SAYBROOK
OSPR
PARKS AND RECREATION

2023 Recreation Center Gym and Track Schedule May - June

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed
7:00AM							
7:30AM							
8:00AM							
8:30AM							
9:00AM	Family Open Gym		Family Open Gym			Program Time	
9:30AM							
10:00 AM					Program Time		
10:30AM							
11:00AM	Open Gym		Open Gym			Open Gym	
11:30AM							
12:00PM					Program Time		
12:30PM							
1:00PM					Open Gym		
1:30PM							
2:00PM							
2:30PM	Teen Center & Afterschool Programs	Teen Center & Afterschool Programs	Teen Center & Afterschool Programs	Teen Center & Afterschool Programs	Teen Center		
3:00PM							
3:30PM							
4:00PM					Closed		
4:30PM						Closed	
5:00PM							
5:30PM	Open Gym	Open Gym	Open Gym	Open Gym			
6:00PM							
6:30PM							
7:00PM	18+ Adult Basketball	30+ Adult Basketball		Womens Open Gym	Friday Night Teen Center		
7:30PM							
8:00PM							
8:30PM							

Upstairs Track is open all day *Must be 16 and older to use upper track*

Summer Camp begins on Monday, June 19th and runs through August 18th. Camp operates 7:45am-5:30pm.

schedue is subject to change based on the needs of the department