

Old Saybrook Parks & Recreation



Spring & Summer Activities 2018

Visit our website at www.OLDSAYBROOKREC.com

Registration for all Programs begins on Tuesday, April 3rd

T-Ball and Coach Pitch registration ends on April 21st

Table of Contents

Office Hours/Commissioners/Staff.....	3
3 - 5 yr Old Programs	4
K - 3 rd Grade Programs.....	5
Teen Center.....	6
Tee-Ball and Yoga.....	7
Spring Specials.....	8
Teen Trips.....	9
Summer Sport Camps.....	10 & 11
High School Soccer Programs.....	11
Trails Run at Clark Park.....	12
CT Trails Weekend.....	13
Adult Programming.....	14
Summer Camp	15 & 16
Summer Movie Night.....	16
Summer Concerts.....	17
Summer Facilities.....	18
Beach Passes.....	19

PROGRAM REGISTRATION INFORMATION/REFUNDS

- All recreational programs require advance registration unless noted. Programs are filled on a first come first served basis.
- Residents may register in person, online or by mail.
- Parks and Recreation reserves the right to change dates, consolidate classes, and/or modify programs in order to make programs accessible to the general public.
- Full refunds given (7) working days prior to start date of program. 50% refund will be given if cancellation occurs less than (7) working days prior to program.
- No refund given after program starts.
- A \$5.00 cancellation/transfer fee applies to ALL programs.
- Partial scholarships are available for most programs, please speak with Ray Allen for assistance.

Summer & Sport Camp Refund & Cancellation Policies

There is a \$20.00 Non-Refundable fee on all cancellations

Full Refunds will be given prior to 20 working days before camp begins.

50%Refund will be given less than 20 working days prior to camp.

No refund will be given after program starts.

\$10.00 transfer fee will be applied for all transfers into different sessions

There is a \$10.00 Non-Refundable fee on all cancellation of sport camps



OFFICE HOURS

**Mondays, Tuesdays,
Thursdays**

9:00AM — 4:30PM

Wednesdays

10:00AM—4:30PM **Fridays**

9:00AM-4:00PM

Saturdays

9:00AM-4:00PM

Sundays (until 3/25)

11:00AM-4:00PM

BUILDING HOURS

Monday- Thursday

7:00AM – 8:30PM

Friday

7:00AM – 4:00PM

Saturday

7:00AM - 4:00pm

Sunday (until 3/25)

11:00AM – 4:00PM

Recreation Center Special Hours/ Closings

Friday	March 30 th	Good Friday	Office Closed
Sunday	April 1 st	Easter	Building Closed
Monday	May 28 th	Memorial Day	Building Closed
Wednesday	July 4 th	Fourth of July	Building Closed
Shutdown Week	8/20-8/26	Offices OPEN	Center Closed

* Last Sunday open for the Season will be Sunday April 10th *

OFFICE PHONE

(860)395-3152/3154 (fax)

ADDRESS

308 MAIN ST,
Old Saybrook, CT, 06475
(Recreation Center)

COMMISSIONERS

Susan Esty-Chair
Kevin Lane – Vice Chair
Star Ruekert - Secretary
Tom Boland
Jim Henderson
Nancy Gatta
Steven Pernal
Clerk: Sharon Tezzi

Staff

Ray Allen - Director
Jonathan Paradis – Assistant Director
Taryn Erb – Program & Facility Assistant
Adam Laverty & Pat Regan—Park Maintainer

3- 5 Yr Old Programs

Happy Feet Soccer League

This class will be taught by Happy Feet Soccer. This program is designed to combine dynamic activity with rapidly developing imagination of preschoolers. Your child will learn some basic foot skills, dribbling, passing, and shooting. Children must wear shin guards. Class takes place at the Recreation Center and last for 6 weeks.

Mondays: 4:30-5:30PM

Ages: 3-5yrs old

Dates: April 23rd, 30th, May 7th, 14th, 21st, June 4th

Fee: \$30.00



T-Ball for Beginners

Get into the swing of spring with this great class. Learn the basics of T-Ball, running the bases, throwing, and hitting off the tee. Class will last for 4 weeks take place in the gym at the Rec. Center. Choose one class only!!!

Age: 3-4

Fee: \$15.00

Wednesdays: 10:00 – 10:45AM

Dates: May 2nd, 9th, 16th, 23rd

Fridays: 11:00 – 11:45AM

Dates: April 27th May 4th, 11th, 18th

Saturdays: 9:00 –9:45AM

Dates: May 5th, 12th, 19th June 2nd



Creative Dance Movements

Kids learn how to groove to the rhythm of their favorite songs. Kids will learn some basic dance moves with an imaginative mind, clapping hands, and cool props. Class lasts for 5 weeks and takes place at the Recreation Center.

Thursdays: 4:45 – 5:30pm

Ages: 3-5

Dates: April 26th, May 3rd, 10th, 17th, 24th

Fee: \$15.00

Hand Painting

Join us as we explore the painting using our hands as the medium. We will create fun and colorful works of arts.

Saturdays: 9:45-10:30AM

Ages: 3-5

Dates: May 5th, 12th, 19th, 26th June 2nd

Fee: \$15.00

Shining Stars

This theatrical program will include highly structured Drama activities and games followed by rehearsals for our live production! Each class, we make sure that your child is having a fantastic time while developing essential life skills along the way. These classes build on each other, and working towards our big idea for the program. Each class will incorporate fun confidence building activities, games and rehearsals and a live production.

Saturdays: 9:00-9:45am

Ages: 3—5

Dates: June 16th, 23rd, 30th July 7th, 14th, 21st

Fee: \$40.00



Life at the Beach

This class features lots of crafts projects that will focus on a Beach Theme. We will use shells, sand, stories, sea creatures and more. Class takes place in the Recreation Center. Class lasts 5 weeks.

Saturdays: 9:45-10:30am

Ages: 3– 5

Dates: June 23rd, 30th July 7th, 14th, 21st

Fee: \$15.00



Summer Concert Series



<u>Date</u>	<u>Performer, Genre</u>	<u>Sponsor</u>
June 13 th	The Kenn Morr Band, Modern Rock	Yale New Haven Health
June 20 th	Dan Stevens, Blues	
June 22 nd	Branded Country, Modern Country	
June 27 th	Deni Bonet, Electric Violin	
July 6 th	Caribbean Vibe Steel Drum Band, calypso	
July 11 th	Les Julian, Children and Family Show	OS Youth and Family
July 18 th	The Meadows Brothers, Folk Rock	Middlesex Primary Care
July 20 th	Four Barrel Billy	
July 25 th	Cold Chocolate, Americana	JM Realty
Aug. 1 st	Happy and The Moonshine, Cover Band	
Aug. 3 rd	Acoustic Marsh Pit, Cover Band	Denali
Aug. 8 th	Gracie Day, Country Folk	
Aug. 15 th	Long Island Sound, Big Band	Child & Adult Orthodontics
Aug. 17 th	No Mind, Modern Rock	Yale New Haven Health
Aug. 22 nd	Late for Dinner, Classic Rock	TJ's Pizza & OSPR



Wednesdays 6:30pm - 8:00pm on the Town Green
Bring a blanket or a chair and a picnic basket and enjoy an evening of
great music

Shows in Red are on Friday Nights at Harvey's Beach and start at 7:00pm

Outdoor Summer Facilities

Saybrook Point Mini Golf

155 College St
Old Saybrook, CT, 06475
Phone 860-388-2407

Saybrook Point



Miniature Golf

**\$5.00 per Round / Call for group rates of 10 or more
Schedule**

Spring Hours – May 4th - May 20th

Friday: 4:30pm - 10:00pm

Saturday 11:00am – 10:00pm

Sunday: 11:00am - 8:00pm

Summer Hours – Memorial Day Weekend – June 14th

Mon - Sunday 11:00AM-8:00PM

Summer Hours June 15th – Labor Day

Monday – Sunday 11:00aAM – 10:00PM

- Birthday party rates available Mon—Fri. before 4:30PM
- Senior Day (60-over)—Wednesdays 11:00AM—4:30PM Cost is \$3.00
- Kids Day (12 yrs old & younger) Monday 11:00AM-4:30PM Cost is \$3.00
- Ice cream, Hot Dogs, Chips, soda & water available for purchase
- All Hours Weather Permitting

Splash Pad at Kavanagh Park

The splash pad is designed for Old Saybrook toddlers to third graders with adult supervision. The 6 different elements operate on a timer that controls when each goes on and shuts off in a 4 minute cycle. Water can be turned on by the black pad that is located on top of the red post at the front right corner of the play pad. The Splash pad will be open on weekends in June until daily operations begin Memorial Day weekend, weather permitting or as Posted

Check our website for this seasons hours of operation.

OSPR Beaches

Town Beach

Located on Plum Bank Rd. provides swimming and beach activities on Long Island Sound. Restrooms, Food services and Lifeguards are provided from Memorial Day through Labor Day, weather permitting. Required Resident parking passes are available at the Park & recreation Office beginning in April and must be displayed on car at all times to park at Town Beach.

Harvey's Beach

Harvey's Beach welcomes the public and provides access to Old Saybrook's waterfront. Located on Great Hammock Rd. and Long Island Sound, it provides changing rooms, restrooms, playground and lifeguards. Resident parking passes are accepted, or a daily admission fee is required. It is open Memorial Day through Labor Day, weather permitting.

Lifeguard and Bathhouse Hours

Monday - Friday 10:00AM-5:00PM

Saturday & Sunday 10:00AM – 5:30PM

RECREATION PARKING PASS POLICY

Recreation Parking Passes are issued to residents and property owners for parking privileges at town facilities under the jurisdiction of the Commission. Listed are regulations relative to the issuance of these passes.

PERMANENT RESIDENT PASSES

A maximum of two (2) Recreation Passes may be issued to each household, a fee of \$20.00 will be charged for the first pass and \$30.00 for the second pass. Seniors (62 years+) pay \$10.00 for the first and \$20.00 for the second pass. A \$50.00 fee applies for lost or Stolen Passes. Recreation Parking Passes are valid for one (1) summer season.

RENTERS PASSES:

Permanent Renter = Rents year round

Part –Time Renter = Person who rents for 1 to 4 weeks

- Permanent renters may apply for Recreation Parking passes. Must have proper proof of residency .I.E proper driver's license, any bills
- Seasonal Renters (5 or more weeks) may NOT apply for a season pass. Owner of property must purchase Recreation Parking Passes. Owner will then allow renter access to pass. Pass is for both beaches
- Part-Time renter's pass will be valid for a two (2) week period. A fee of \$20.00 for the two (2) weeks will be charged. Two (2) two weeks period maximum: Pass honored at Harvey's Beach only. The renter's car registration is required along with rental verification

BUSINESS OWNER PASS:

Business owners who own the property where the business is located may apply for one (1) Recreation Parking Pass. MUST PROVIDE VERIFICATION OF BUSINESS OWNERSHIP.

DOCKOMINIUM OWNERS

Owners of a dockominium on Ferry Rd. may apply for one (1) Recreation Parking Pass. Pass is honored at both beaches. MUST PROVIDE PROPER VERIFICATION OF OWNERSHIP.

INNKEEPER PASSES:

Innkeeper may purchase Innkeeper's Recreation Parking Passes upon presentation of their letterhead. A maximum of ten (10) passes will be issued. Additional passes will not be issued during the season. A FEE OF \$15.00 WILL BE CHARGED FOR EACH PASS. PASSES GOOD ONLY AT HARVEY'S BEACH. (Room key must be shown with pass)

*Establishments with less than 10 rooms may purchase passes for that number.

VISITORS:

A season visitor (friend-house sitting, etc. or family visitor) is NOT ELIGIBLE FOR A RESIDENT/PROPERTY OWNER PARKING PASS).

APPLICATION PROCEDURES:

Provide current driver's license displaying Old Saybrook Address. If driver's license does not include Old Saybrook address, a suitable proof of residency such as tax bills or utility bills must be presented. Office will then check address and name against current Old Saybrook Grand List.

Note: Registered motorbikes require a Rec. Parking Pass. Make checks payable to the Town of Old Saybrook Parks & Recreation Department (O.S.P.R.) Recreation Parking Passes may be obtained in person at the Parks & Recreation Office (entrance on Sheffield St.) backside of the Town Hall.

PASSES: Must be affixed to your windshield in the lower left-hand corner.

Congrats Judy and Jimmy on your retirement!



OSPR would like to say thank you and congratulations to Judy Sherman and Jimmy Price on their retirement. Judy and Jimmy both started working for the department in 2004 and have played great roles in our success. Judy was our office manager and Jimmy was the Rec. Center maintainer. We wish them the best in their next chapter! You both will be missed by the staff and residents alike!



Old Saybrook Recreation Parking Passes

Stickers are back by popular demand!!

All residents wishing to park at a town beach this summer may purchase a Recreation parking pass. To obtain a pass, please visit <http://www.cityhallsystems.com/> or come into the Rec Center with a current Driver's License starting April 2nd. Passes will be mailed to your home. A Recreation parking pass allows you to park at Town or Harvey's Beach. Without a pass a \$10.00 (weekday) \$20.00 (weekend and Holiday) daily fee is charged at Harvey's Beach. Senior citizen rates available.



Fees: 1st car =\$20.00 2nd car =\$30.00



Follow us on Twitter at @OSParksRec



Find us on Facebook Old Saybrook Parks and Recreation

"Bringing our Community together



Old Saybrook Parks & Recreation
308 Main St.
Old Saybrook, CT, 06475
860-395-3152
860-395-3154 (F)
www.oldsaybrookrec.com

through excellence in our beaches, parks, fields, facilities and programs."

K – 3rd Grade Program

Silly Scientist

In this program your child can create some cool “science” projects. Make Slime, Jewel Crystals, Worms, and more. Classes take place at the Goodwin School. Class will meet for 5 weeks after school at Goodwin

Mondays: 3:15– 4:00PM

Grades 1st–3rd Grade

Dates: April 30th May 7th, 14th, 21st June 4th **Fee:** \$25.00



Flag Football

Students in 2nd & 3rd grade are invited to learn the basics of flag football. This Co-ed non-contact activity will meet once a week for 5 weeks. Program meets at Goodwin. Dress appropriately for outside play

Tuesdays: 3:15 – 4:00PM

Grades: 2nd & 3rd Grade

Dates: May 1st, 8th, 15th, 22nd, 29th

Fee: \$15.00



Kick Ball Club

Your Child can enjoy the great game of kickball in this fun & energetic class. A great way to get that energy out afterschool. Class takes place after school at Goodwin Elementary.

Wednesdays 3:15 –4:00PM

Grades: K – 3rd Grade

Dates: May 2nd, 9th, 16th, 23rd, 30th

Fee: \$15.00



Dancing Class at Goodwin

Dance for joy with OSPR’s dance party. Warm up, shake it up, and get down to today’s hottest jams. Come and enjoy the fun. Wear comfortable clothes, dance shoes or sneakers, no bare feet. Class takes place at Goodwin Elementary.

Thursdays: 3:15-4:15PM

Grades: K-3rd

Dates: April 26th, May 10th, 17th, 24th, 31st **Fee:** \$15.00

4th – 5th Grade Afterschool Programs

Stickball at MacMurray

OSPR is taking you all the way back to NYC in the 50’s for some afterschool fun. We are playing stick ball on MacMurray Field. Using a tennis ball and a broom handle we will bring the fun of baseball and the nostalgia of stick ball to our 4th & 5th graders.

Tuesdays: 2:45– 3:45 PM

Grades: 4th-5th Grade

Dates: May 1st, 8th, 15th, 22nd, 29th

Fee: \$15.00



Indoor Soccer

Come to The Rec afterschool to join our indoor soccer program. We will be playing games the whole time. Kids will be split up in two teams, with subs, scoreboards and a lot of action. Game play will be two 25 min halves, with a 5 min ½ time break.

Thursday: 2:45-3:45PM

Grades: 4th-5th

Dates: May 3rd, 10th, 17th, 24th 31st

Fee: \$15.00

Friday Fishing at Town Park

What better way to end the week than an hour of fishing outdoors! Join OSPR at Crystal Lake from 3:00pm – 4:00pm. This program will focus on how set up your pole, cast and reel in the big ones. You can bring you own pole, or we can provide one for you. Only 8 spots are available for this great program.

Fridays: 3:00-4:00 PM

Grades: 4th-8th Grade

Dates: May 11th, 18th, 25th, June 1st

Fee: \$15.00

www.OldSaybrookRec.com

Teen Center

Teen Center Hours

4th&5th Grade – Friday Afternoons 2:35pm-4:00pm

6th-8th Grade – Monday – Thursday Afternoons 2:35pm-5:30pm

Friday Night Teen Center - 6th-8th Grade - 7:00pm-9:30pm

For more information on the Teen Center, please contact Taryn Erb at Taryn.Erb@OldSaybrookCT.gov or by phone at 860-395-3152

Friday Night Teen Night

Each Friday Night, OSPR provides a safe and fun environment for 6th-8th graders. Whether it's utilizing the gym, playing a game of pool, or simply socializing with friends, the Teen Center is open! As the warmer weather approaches we have some great events lined up, so don't miss out!

- **3-on-3 Co-Ed Basketball Tournament -Friday, March 23rd**
- **Co-Ed Volleyball Tournament -Friday, April 13th**
- **Home Run Derby -Friday, May 4th -Sponsored by: Parthenon Diner**
- **Dodgeball Redemption Tournament -May 18th**
- **8th Grade Goodbye BBQ -Friday, June 1st**

Friday Nights: 7:00-9:30pm

Grades: 6th-8th

Membership Fee: \$10.00

Non-Members: \$5.00 per Friday

****Teens must sign-in upon arrival and will not be allowed to leave unless a parent/guardian picks them up or provides permission for them to leave***

April Vacation Teen Center

During April Vacation, the Teen Center will be open from Monday April 16th- Friday April 20th from 12:00PM – 5:00PM. All students in grades 6th-12th are welcome to attend. Every day at 2:00PM we will have a group activity offered. There is no additional cost during this week, it's part of your Teen Center Membership. We ask that all students sign in and out and follow the Teen Center Rules. This is a great opportunity for students to spend time with friends in a fun, safe and supervised setting. As we get closer to April, there will be more information available.

Summer Teen Center

The Teen Center is open throughout the summer on Tuesdays and Thursday afternoons from 12:00pm - 5:00pm. Teen Center members can use the game room, black top and gym to hang out with friends under the supervision of our Teen Center staff. During the summer months the Teen Center is for any member entering grades 6th-9th.

Tuesdays & Thursdays: 12:00pm - 5:00PM

Grades: 6th-9th

Free with membership

After School Programs – FREE W/ MEMBERSHIP

Flag Football

Join OSPR at McMurry Field for an afternoon of flag football. Participants will be placed in teams each week and will play outdoors. OSPR will provide the flags and teach each participant the skills of throwing, catching and scoring TD's. Class will take place in the gym at the Rec in the event of poor weather.

Mondays: 2:45-3:45PM

Grades: 6th-8th Grade

Dates: April 30th May 7th, 14th, 21st, June 4th

Fee: Free w/ membership

Kickball

We will break into different teams each week and play the game of kickball. This Co-ed non-contact activity will meet once a week for 5 weeks. Dress appropriately for outside play.

Wednesdays: 2:45—3:45PM

Grades: 6th-8th Grade

Dates: May 2nd, 9th, 16th, 23rd, 30th

Fee: Free w/ membership



Spring Tee-Ball for Kindergarten and 1st-2nd Grade

Kindergarten Tee-Ball

OSPR Tee-Ball program is designed to teach skills, encourage team work, provide fun, and to build self-esteem. Tee ball is an excellent intro to baseball and softball. Participants will have one practice per week and play games on Saturdays. Program last for six weeks. All players receive a shirt & hat.

Saturdays: 10:00 or 11:15AM

Grades: 5 yr olds - K

Dates: May 12th – June 16th

Fee: \$30.00



1st Grade Coach Pitch

OSPR Coach Pitch program is designed to teach skills, encourage team work, provide fun, and to build self-esteem. This program is an excellent intro to baseball and softball. Participants will have 2 practices per week and play games on Saturdays. Program last for six weeks with practice once a week. All players receive a shirt & hat.

Saturdays: 10:00 or 11:15AM

Grades: 1st

Dates: May 12th – June 16th

Fee: \$30.00

Registration deadline is April 20th. Coaches are needed!!!

Coaches meeting will be Thursday, April 24th at 5:30pm at the Rec.

Yoga Classes at Saybrook Point

6 week Gentle Yoga Classes

Every six weeks OSPR holds an ongoing Adult Gentle Yoga program at Saybrook Point. This program meets twice a week on Monday and Thursday mornings. Our Gentle Yoga program is taught by Terri Cain, BFA, MA, MDiv. She is a certified Kripalu Yoga teacher. She has a background in dance, music and movement therapy and decades of teaching experience. Her goal is to help each student find their unique yoga practice. An active community advocate and Beacon Award recipient, please check our website for more information on the next program to register.

Gentle Yoga

A Unique class designed to truly introduce you to your body and all the amazing movements it is capable of. Explore your flexibility to both beginners and experienced. Lots of modification is offered. It's all about you as an individual. Sign up and do something healthy for yourself for a change. Class lasts for 6 weeks and takes place on Monday's and Thursdays at the pavilion at The Vicki G. Duffy Pavilion at Saybrook Point.



Time(s): 10:00AM or 11:15AM

Ages: 18+

Fee: \$65.00 Res

\$75.00 Non-Res

Session 6: April 12th – May 17th

Session 7: June 4th – July 12th

Session 8: July 16th - Aug. 23rd

Beach Yoga w/ Terri Cain at Harvey's Beach rt. 154

Wednesday: 6:00-7:00pm

Age: 18+

Dates: June 20th-August 15th

Fee: \$60/\$70 Res/NonRes

OSPR Spring Specials

School Out's Vacation Camp 1st – 5th Grade

Looking for something fun and exciting for your child to do while school is out? Your child can enjoy a day of great activities such as tag games, dodge ball, Arts –n- Crafts, movies, bowling and more. Please bring snack and lunch and active clothes, Program runs from 9:00AM—4:00PM and is for K –5th graders. Program is held at the Recreation Center. Sign up by the day. Monday will be movie Day & Wednesday we will host "The Art Truck"

Space is limited. Sign up early!!

Dates: Mon. – Fri. April 16th-20th

Ages: K—5th Grade

Times: 9:00AM—4:00PM

Fee: \$105.00 for the Week

Teen Center is open Noon – 5:00pm 6th – 8th ONLY

Easter Egg Hunt

Join us for this fun event to find different pieces of wrapped candy. Three different fields around the Recreation Center will be used to "hide" the candy for the kids to find, each field will be for a different age group. Age groups will be 2-4 yr olds on McMurray Field, 5yr olds - 1st graders on the Middle school field, and 2nd & 3rd graders on the Town Green. Please bring a basket to put the goodies in. Don't forget to bring a camera to take pictures with the Easter Bunny. Co-Sponsored by Old Saybrook Lions Club.

Date: Saturday, March 24th

Fee: FREE

Hunt Times: 2-4 yr olds 11:00AM

5yr - 1st Grades 11:15AM

2nd & 3rd Grades 11:30AM



Annual Rock Hunt at Town Park

It's time to go rock hunting!! This fun annual event will be held at Clark Community Park on Schoolhouse Rd. The Hunt will begin at 10:00AM (sharp). Hunters in grades 4th-6th are invited to search the woods for painted rocks which can be traded in for gift certificates, candy prizes and more. Anyone up for the challenge should show up on time with a bag or bucket to collect the rocks. Please sign up online or in the office for this event to give us an idea of numbers.

Date: Friday, March 30th

Grades: 4th—6th

Time: 10:00AM

Fee: FREE

5th Annual Ray Dobratz Annual Fishing Derby

Join us for a fishing derby at Crystal Lake at Clark Community Park on Schoolhouse Rd. Who will get the biggest catch of the day? Children age 5-15 can be accompanied by a family member in this great derby which kicks off the fishing season. The lake will be stocked with trout for all to enjoy. Prizes will be awarded for biggest fish caught. Coffee, hot chocolate & donuts will be served in the morning and Hotdogs will be available later in the morning. Register by April 26th

Date: Saturday, April 28th

Fee: \$5.00 per person

Time: 7:00-10:00AM

Old Saybrook Residents Only

Participants 16 and older must have a valid CT fishing license.



Interim Trails at The Preserve

The interim trails of The Preserve have been set and are ready for use. Construction is set to begin this spring on the main parking lot on Essex Road (Rt154) in Westbrooke. There is

room for several cars in the small parking lot on Ingham Hill Rd in Old Saybrook. For more information, please visit our office

CT Trails Weekend in Old Saybrook

Paddle the Oyster River

Not into Hiking? Prefer the water trails instead? Join us on Saturday, June 2nd for a mid-day paddle on the water as we explore the Oyster River, Long Island Sound and The Back River. Bring your kayak, row boat, canoe down to the launch under the bridge of RT behind the produce stand. This paddle tour should last about 2 hours and will cover roughly 4 miles of water trails. A personal floatation device is required.

Saturday: 11:00am

Age: Open to All

Date: June 2nd

Fee: FREE



Sandbar Stroll

Join us on Saturday Morning for an early morning walk on the sandbars of Long Island Sound. We will meet at Harvey's Beach on Rt. 154 and will walk to Town beach and back. This scenic walk is one mile in distance and should take about 20 minutes. Bring a coffee, enjoy view, and the water and sand on your toes.

Saturday: 8:30AM

Age Open to All

Date: June 2nd

Fee: FREE



Preserve Hike

Come be a part of the largest trails celebration in the nation as OSPR participates in the annual CT Trails Weekend on Sunday, June 3rd. We will meet at the Preserve parking lot in Westbrooke off of Rt 153, near 1226 Essex Rd, Westbrooke. This 3.75 mile hike of the new interim trail system will be led by Judy Preston. Please wear appropriate attire and bring some water and snacks.

Sunday: 9:00-11:00AM

Age: Open to all

Date: June 3rd

Fee: FREE

Adult Programs and Activities

Golf Lessons at Fenwick

Know it all or need help improving your game, OSPR is proud to work with Fenwick Golf course to offer golf lessons at the Ryder Cup Course. These lessons will cover 130 yards and down, irons and approaches, putting and how to improve your swing. Instructed by Sue Cart, PGA golf professional at Lake of Isles a Troon Golf property.



Mondays: 5:30-7:30pm

Location: Fenwick Ryder Cup Course

Date: April 23rd, 30th, May 7th, 21st

Fee: \$75 RES / \$100 Non-RES

Late Spring Adult Co-Ed Outdoor Soccer

This late spring soccer league will take place at Maple Ave. Ballfield on Sunday evenings. We will be playing 5v5 with no goalies on a smaller field. This league is for males and females 18 and older. Cleats are recommended but shin guards are required. Teams will be made each night. The league will not play on May 27th

Sundays: 5:00, 5:45 & 6:30pm

Age: 18+

Dates: 4/22 – 6/10 *no game on 5/13*

Fee: \$15 res / \$25 non-res

Adult Co-Ed Recreational Softball League

League play for adults 25 yrs. and up begins June 19th. Teams will play up to twice a week for 10 weeks. Parks & Rec. will be accepting rosters as of April 15th. Teams provide scorebooks, umpires and a Gold dot ball for each game. Teams are asked to wear like colored jerseys. League plays on Mondays, Tuesdays & Wednesdays. All games take place at Town Park, The Middle School, Kavanaugh Park Field or Fireman's Field.



Cost: \$50.00 per team.

Men's Pick-up Basketball Times

Come Down to the Recreation Center and play some great Men's Pick-up basketball Games. Residents may bring a non-resident guest for a \$2.00 fee.

Mondays: 18 & Over

Tuesdays: 30 & Over

Time: 7:00-8:30PM

Co-Ed Adult Pick –up Volleyball Times

Co-ed Adult Volleyball night. Play is for Old Saybrook Residents. Residents may bring 1 guest for a \$2.00 fee. **There will be no Volleyball in the month of March for our kickball league.**

Day: Wednesdays

Time: 7:00-8:30PM

Women's Open Gym Night

Women 18 and over can come down to the Recreation center to enjoy a game of basketball or just hang out in the Games Room. Residents may bring a non-resident guest for a \$2.00 fee. **Day:** Thursdays

Time: 7:00-8:30PM

Pickleball for Adults

Pickleball is a great program to be active and have fun at the same time. Beginners to advanced are all welcome. We have two sessions; Spring and Summer.

Spring: Mondays & Thursdays – 4/30 – 6/11

Summer: Saturdays: 6/23 -8/18

Time: 9:30AM-11:00AM

Ages: 30+

Fee: \$10.00



Summer Camps

Junior Playground Camp at The Rec. (Age 4 - Kindergarten)

This Fun program will provide a variety of different activities: outdoor games, water color, collages, story time, water games, playground play, trips to the splash pad, and many more exciting activities. Program is held from 9:00AM– 12:00PM at The Rec Center.

Session 1	6/19 – 6/21	\$60.00
Session 2	6/25 – 6/28 *Special Music Guest*	\$60.00
Session 3	7/2-7/6* no 7/4*	\$60.00
Session 4	7/9 – 7/12	\$60.00
Session 5	7/16 – 7/19	\$60.00
Session 6	7/23 – 7/26	\$60.00
Session 7	7/30 – 8/2	\$60.00
Session 8	8/6 – 8/9 *Special Music Guest*	\$60.00
Session 9	8/13 – 8/16	\$60.00

Park & Rec Summer Camp 1st-5th Grade

Sessions are open to all residents entering 1st -5th Grade. Summer camp is a series of one week programs that will feature field games, sport activities, arts-N-crafts, trips and special events. Program held Monday-Friday 9:00-4:00PM. Program takes place at the Recreation Center. ***NO CAMP JULY 4th***

Session 1	6/19 – 6/22	AMF Lanes	\$105.00
Session 2	6/25 – 6/29	CT Beardsley Zoo	\$105.00
Session 3	7/2 – 7/6 *no 7/4*	The Dinosaur Park	\$100.00
Session 4	7/9 – 7/13	CT Science Center	\$105.00
Session 5	7/16 – 7/20	Steam Train and Boat Ride	\$105.00
Session 6	7/23 – 7/27	Berlin Batting Cages	\$105.00
Session 7	7/30 – 8/3	Mystic Aquarium	\$105.00
Session 8	8/6 – 8/10	The Children’s Museum	\$105.00
Session 9	8/13 – 8/17	Chuck E. Cheese	\$105.00

Tuesday

Harvey’s Beach

Wednesday

Mini Golf

Thursday

Special Trip

Color Wars

The last week of camp (**Session 9**) will be our 6th Annual Color Wars Week. This week the campers are split up into teams and will have games and activities throughout the week as part of the Color Wars. On Friday Color Wars ends with an Olympic style opening ceremony and tournament with winner being announced during the closing ceremony on Friday Afternoon.

Before Camp & After Camp Care 1st-8th Grade

The Park & Recreation Department will offer a Before & After Camp Care program. These extra hours are designed to provide supervision to youth in grade 1st – 8th whose parents work beyond the 9:00-4:00PM Camp time. We will staff from 8:00 –9:00am and After Care will be available from 4:00 – 5:30 p.m. Staff is not on duty before 8:00 a.m. or after 5:30 p.m.

Before Care: 8:00am-9:00am

Fee: \$15.00

After Care: 4:00pm-5:30pm

Fee: \$20.00

Yellow Shirt Jr. Camp Counselor Volunteer 1st-5th Grade camp (Monday – Friday)

Children who are going into 8th- 11th grade can “work” as a Yellow Shirt counselor at the camp. As a volunteer counselor that aids the main staff in provided care for the children. Basic duties include set up/breakdown of games, bathroom breaks, group supervision on trips, being active in games, and much more.

****Register early, this fills up FAST****

Monday-Friday: 9:00am-4:00pm

Fee: \$5.00 for Jr. Staff shirt

Summer Camps

Middle School Summer Camp 6th-8th Grade

Register for camp this summer and enjoy a week of fun & games! Camp is Mondays, Wednesdays, Fridays and meets at the Recreation Center from 9:00AM– 4:00PM. Mondays we head downtown on our Main Street Stroll, Wednesdays, Mini Golf and the afternoon at Town Beach and on Fridays we head out for a Field Trip. Space is limited.

NO CAMP JULY 4TH

Session 1	6/20 – 6/22	LaserQuest	\$70.00
Session 2	6/25 – 6/29	*Lake Compounce*	\$90.00
Session 3	7/2 – 7/6 *no 7/4	Preserve Hike	\$70.00
Session 4	7/9 – 7/13	*WNBA CT Sun	\$90.00
Session 5	7/16 – 7/20	*Yardgoats Baseball Game*	\$90.00
Session 6	7/23 – 7/27	Rockin' Jump	\$90.00
Session 7	7/30 – 8/3	Sports Center of CT	\$90.00
Session 8	8/6 – 8/10	Brownstone Adventure Park	\$90.00
Session 9	8/13 – 8/17	*Six Flags*	\$90.00

Trips for each session

Monday	Wednesday	Friday
Main Street Stroll	Mini Golf & Town Beach	Special Trip *Wednesday trip*

Summer Basketball League w/ OS Basketball Club



OSPR has teamed up with Old Saybrook Basketball Club (formerly CT River) to offer summer youth basketball leagues on the Vin Baker courts. This is a great opportunity to play the game throughout the summer and get to know your coaches before the season starts. We will have 4 age groups for boys and girls playing pickup style basketball. We will keep score and teams will change week to week.

Thursdays: 5:00-8:00PM

Grades: 5th- 6th & 7th-8th

Dates: June 28th – August 9th

No game 7/26

Fee: \$25.00

Summer Movies Nights

OSPR is taking over from OSYFS after many successful years to run the summer movie nights. We will keep the same traditions and values that have made the event such a family favorite. We will show two movies at Harvey's Beach and one show on the Town Green. All the movies will take place on a Friday evening, shows will start close to 8:00pm.



- Friday, June 29 8:30pm at Harvey's Beach – Ferdinand



- Friday, July 13th at 8:15pm at The Town Green – Coco



- Friday, August 10th 8:00pm at Harvey's Beach – Wonder

Summer Movies Nights is sponsored by:

YaleNewHavenHealth

Teens Trips 7th -12th Grade

Lake Compounce, Bristol, CT

Cool off from the summer heat at one of New England's largest water parks! Bring your towel, lots of sunscreen and prepare yourself for a load of fun.

Date: Wednesday, June 27th

Cost: \$35.00

Leave Old Saybrook P&R: 9:00am

Return approximately: 5:00pm

<https://www.lakecompounce.com>

WNBA Ct Sun, Uncasville, CT

Come join us for CT Sun Camp Day at Mohegan Sun Arena as we watch the WNBA CT Sun take on NY Liberty. Tip-off is at 11:30am; please make sure to bring some extra money for a snack during the game.

Date: Wednesday July 11th

Cost: \$20.00

Leave Old Saybrook P&R: 10:30am

Return approximately: 3:00pm

<http://sun.wnba.com>



Powder Ridge Zip Lining & Tubing, Middlefield, CT

Powder Ridge Mountain Park and Resort is excited to present their new Spring, Summer and Fall Programs. Campers will have the chance to go Zip Lining and Tubing at the Ridge. Pack a lunch or bring money to purchase lunch at the Café.

Date: Tuesday, July 17th

Cost: \$50.00

Leave Old Saybrook P & R: 9:15am

Return approximately: 2:00pm

<https://powderridgepark.com>

Yard Goats Baseball Game Hartford, CT

Join us for a day at the Ball Park in the Dunkin' Donuts Park as we watch the AA affiliate of the Minnesota Twins in this 12:05 day baseball game. Check out the future of the Major Leagues! Bring some extra money to enjoy some snacks at the stadium.

Date: Wednesday, July 18th

Cost: \$20.00

Leave Old Saybrook P&R: 10:00a.

Return approximately: 4:00pm

<http://www.milb.com>



Brownstone Exploration & Discovery Park, Portland CT

A day of adventure at the area's newest outdoor action facility in Portland, CT. Your Adventure Sports Pass includes swimming, access to floating water toys, trampoline, zip lines, water slide and, cliff jumps. Pack a lunch and plenty of sunscreen!

Date: Friday, August 10th

Cost: \$35.00

Leave Old Saybrook P&R: 9:15am

Return approximately: 4:00pm

<https://brownstonepark.com>

Indian River Marina, Clinton, CT

Come and spend the day on the water in your own Kayak. We will be paddling over to Cedar Island for lunch and relaxation. Please make sure to pack a lunch in a zip lock bag, wear your bathing suite, and bring water and plenty of sunscreen. It's going to be a great day!

Date: Tuesday, August 14th

Cost: \$40.00

Leave Old Saybrook P&R: 10:00am

Return approximately:

2:30pm

<http://www.indrivmar.com>



Six Flags New England, Agawam MA

Join us as we spend the day at Six Flags New England. Participants will be able to ride their favorite rides and test their bravery on some of the biggest roller coasters around. Bring some extra money to enjoy park food or grab a souvenir!

Date: Wednesday, August 15th

Cost: \$36.00

Leave Old Saybrook P&R: 9:00am

Return approximately 5:00pm

<https://www.sixflags.com>

Summer Sports Camps

U.K International Soccer Camps

UK international Soccer tots program introduces soccer in a fun filled environment. Players learn the fundamentals through soccer based activities. UK Soccer Camp for 7-15 yr olds teaches fundamentals of soccer through a range of activities. Campers will enjoy playing soccer games, tag games and more.



Tots Camp and UK Camp: June 25th – 29th

Age: 3-4 Yr Olds

Time: 9:00 – 10:15AM

Fee: \$40.00

Age: 5-6 Yr Olds

Time: 10:30 – 12:00PM

Fee: \$50.00

Ages 7-15 Yr Olds

Times: 9:00AM-12:00PM

Fee: \$80.00

Jr's & Youth Tennis Camp

Instruction will take place using shorter, lighter racquets, slower and lower-bouncing balls and smaller court dimensions, making the learning process easier and a lot more fun. The emphasis is on basic hand-eye coordination, movement, and making kids' first experience fun, easy, and successful. Instruction will include the fundamentals of tennis through play-based activities and skills progression. Taught by Ruthanne Rothman, a USPTR Certified Instructor and OSHS Varsity Girls Tennis Coach. Please bring your own racquet.



Trask Park Mon - Thurs: 9:00 – 10:00AM **Ages: 5-7 or 8-14**

Dates: July 9th- 12th

Fee: \$30.00

Times: **Jr.'s Camp** 9:00-10:00AM, **Youth Camp** - 10:15-11:15AM or 11:30-12:30pm

LACROSSE CAMP w/ The Black Wolves

Camp is designed to teach beginners, intermediates, and even those with more experience. Camp will focus on catching, throwing, shooting, ground balls, cradling, and 3-man weaves. Bring plenty of water. Lacrosse sticks will be available for those who need them. Camp takes place on the turf at OSHS and is instructed by OSHS Varsity Coach James Hespeler and athletes from the New England Black Wolves.



Time: 5:00—7:00PM

Grades: 3rd—8th

Dates: July 9th – 12th

Fee:

\$25.00

OSPR Summer Adventure Day Camp

New to the summer camp line up is OSPR Adventure Hi and Low ropes camp. Campers will work on Team building exercises, ice breakers, high and low rope stations. This will be a challenge by choice camp. Camp will meet in OSMS Gym and will be instructed by OSMS PE teacher Katey Flanagan.

Time: 9:00AM-3:00PM

Grades: 7th-9th

Dates: June 25th – 29th

Fee: \$100.00

Baseball and Softball Skills Camp

OSPR is bringing a new spin on our traditional sport camps, we are reaching to the younger crowd to offer a clinic designed to keep kids in the sport of baseball and softball. Working with OSHS Varsity Softball coach and OSMS PE Teacher Katelyn Livingston, the kids will work on the basics of the sport in fun and interesting games and drills. The last night we will have a game to show off our skills!! Clinic takes place at The Rec.



Mon – Thurs: 4:30-6:00PM

Grades: 1st-3rd

Dates: July 16th-19th

Fee: \$25.00

Football Camp

Back for the 4th year is our 1wk summer football camp instructed by OSHS Varsity Football Coach Rob Marone and his team. This camp is geared to teach your child the skills needed to play football in a non-contact atmosphere. There will be drills and games and a lot of summer fun. This camp will take place on the turf field at OSHS

Mon - Thurs 5:00-7:00PM

Grades: 4th – 8th

Dates: July 16th – 19th

Fee: \$25.00



Old Saybrook Basketball Club Basketball Camp

This coed instructional camp is for boys and girls entering grades 3rd-8th grade. Campers will be divided by age and the boys and girls will have separate coaches throughout the week. Instruction will be provided by OSBC coaches. Camp will meet at the Rec. and will use both the gym and outdoor courts.

Mon-Thurs: 5:00-7:00PM

Grades: 3rd-8th

Dates: July 23rd – 26th

Fee: \$25.00



High School Soccer Programs

Young Adult Co-ed Futsal Soccer League

OSPR is proud to offer a new opportunity for high school and young adults an opportunity to play recreational soccer at the Rec. This futsal league will consist of 6 wks. of games, and will be 5v5 play with no goalies will make this a fast and fun league. Sign up soon!!

Saturday 9:00 - 10:30AM

Grades: 9th-12th

Dates: 3/10- 4/28

Fee: \$15.00



Saturday Soccer Skill Clinic

OSPR is offering a new 6 week program that will focus on the fundamental skills of soccer. This program is instructed by Marshall Segar. We will focus on a new skill or area of soccer each week. Players will leave this clinic with a better understanding of the skills of the sport and what drills they can do to improve.

Saturdays: 8:00-9:00am

Grades: 9th-12th

Dates: May 5th, 12th, 19th June 2nd, 9th, 16th

Fee: \$15.00

Summer League

Back for its 2nd year, we bring to you our 8 week summer soccer league for any high school student entering grades 9th through 12th. This fun, yet competitive league will be pick up style, with teams forming on the fly. This league will be a great way to prepare for the upcoming season, or just have a good time playing during the summer! All games will take place at Ferry Rd.

Mondays: 6:00-8:00pm

Grades:

9th-12th

Dates: Jun 25th – Aug. 13th

Fee: \$15.00



Trails Run at Clark Community Park

OLD SAYBROOK
OSPR
PARKS AND RECREATION

The Clarks Trail Run

Saturday, August 11, 2018

race options:

15k | 4mi | Walk



9:00 am
Clark Community Park
164 School House Rd,
Old Saybrook, Conn.

presented by
College Planning Partnerships
soundRUNNER

for detailed race information

Jonathan Paradis | jonathan.paradis@oldsaybrookct.gov | (860) 395-3152

\$25 Prior to August 11th | \$35 Race Day

All proceeds benefit OSPR pre-k and after school enrichment programs

register at www.oldsaybrookrec.com

Or register in person at OSPR | 388 Main St, (behind the Town Hall) Old Saybrook, CT 06475

**Thank you to Zac of College Planning Partnerships and
all of our sponsors!**