OLD SAYBROOK OSPR PARKS AND RECREATION

Recreation Center Gym and Track Schedule: November - December 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00AM 7:30AM	Open Gym 7:00am - 8:00am	Open Gym	Open Gym	Open Gym 7:00am - 8:00am		CLOSED	
8:00AM		7:00am - 9:30am	7:00am - 9:30am			CLOSED	
8:30AM					Open Gym		CLOSED
9:00AM							
9:30AM	Pickleball	Pickleball		Pickleball	7:00am - 11:30am	Program Time	
10:00 AM	-		Pickleball				
10:30AM		Lessons					
11:00AM 11:30AM							
11:30AM 12:00PM	-				Adult Basketball		
12:00PIVI 12:30PM	Open Gym	Open Gym	Open Gym	Open Gym			
12.30PW	11:30am - 2:30pm	11:30am - 2:30pm	11:30am - 2:30pm	11:30am - 2:30pm	Open Gym	Open Gym	Open Gym
1:30PM					12:30pm - 2:30pm	10:30am - 4:00pm	11:00am - 4:00pm
2:00PM							
2:30PM							
3:00PM	Teen Center &	Teen Center &	Teen Center &	Teen Center &	Teen Center		
3:30PM	Afterschool	Afterschool	Afterschool	Afterschool			
4:00PM	Programs	Programs	Programs				
4:30PM				Programs			
5:00PM					CLOSED		
5:30PM		Indoor Soccer	Indoor Soccer				
6:00PM	Indoor Soccer			Indoor Soccer		CLOSED	CLOSED
6:30PM							
7:00PM				14/000000	Fuidou Nickt		
7:30PM	18+ Adult	Pickleball	Ultimate	Womens	Friday Night		
8:00PM	Basketball		Frisbee	Open Gym	Teen Center		
8:30PM	Dasketball						

Upstairs Track is open all day *Must be 16+ or accompanied with an adult*

Building Hours

Monday - Thursday: 7:00am - 8:30pm Friday: 7:00am - 4:00pm Saturday: 9:00am - 4:00pm Sunday (Starting 11/3): 11:00am - 4:00pm