# Old Saybrook Parks & Recreation

308 Main Street Old Saybrook, CT 06475 (860)395-3152 oldsaybrookrec.com



## **Winter 2025**

Registration for all programs begins on Tuesday, December 10<sup>th</sup> at 9:00am

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### **Program Information**

- All recreational programs require advance registration unless noted. Programs are filled on a first come first serve basis.
- Residents and non-residents may register in person or online.
- Please note deadlines for registration as certain programs may have shorter or extended registration periods.
- If insufficient enrollment causes a class to be cancelled, notification will be given and full tuition refunded, or credit will be given for future use.
- OSPR reserves the right to change dates, consolidate classes, and/or modify programs in order to make programs accessible to the general public.
- Late charges may be applied to registrations obtained after the deadline.
- Full refunds given (7) seven days prior to the start date of program.
- 50% refund will be given if cancellation occurs less than (7) seven days prior to program.
- No refund will be given to the following programs, Summer Camp, School Vacation Camps and Sport Camps, if cancellation occurs less than (7) seven days.
- Other cancelation fees may apply.
- No refund is given after a program starts. Athletic Leagues with OSPR are considered started once registration ends and jerseys are ordered.
- Medical conditions verified by a physician's letter will be honored and full tuition refunded, or credit will be given for future use.
- Registration Starts at 9:00AM promptly in the office or online.
- Office Registration Accepts Cash, Check, or Credit/Debit Cards (MasterCard, Visa, Discover). Online registration is credit/debit cards only.
- Partial scholarships are available for most programs, please speak with the Director or Assistant Director for assistance.
- Non-residents may register for select programs at a later date and for an increased fee.

### **OFFICE HOURS**

Monday - Friday 9:00am - 4:00pm

### **BUILDING HOURS**

Monday - Thursday
7:00am - 8:30pm
Friday
7:00am - 4:00pm
Saturday
9:00am - 4:00pm
Sunday
(until 4/13)
11:00am - 4:00pm

### **COMMISSIONERS**

Susan Esty - Chair Jim Henderson Star Rueckert Nancy Gatta Jane Wisialowski Elizabeth Soden Robert Lemire Clerk: Gerri Lewis

### **STAFF**

Ray Allen - Director
Taryn Erb - Assistant Director
Rick Pine - Administrative Assistant
Nolan Clack - Program Assistant
Tony Bielawa - Rec. Center Maintainer
Matt Hoadley & Mike Pace - Park Maintainer

### **Inclement Weather Policy**

At times it is necessary for us to delay or cancel programs due to inclement weather. Every effort is made to notify participants and schedule make-up sessions. OSPR follows the lead of Old Saybrook Public Schools when delaying or cancelling activities.

If school is cancelled, recreation programs are cancelled.

If school has a 2-hour delay, recreation programs are cancelled.

All other programs will start at their scheduled time.

If school is dismissed early, recreation programs scheduled after 12:00pm are cancelled.

If school is dismissed early, the Teen Center will remain open its regular scheduled hours.

### **Recreation Center Special Hours/ Closings**

Tuesday	December 24 <sup>th</sup>	Christmas Eve	Closed
Wednesday	December 25 <sup>th</sup>	Christmas Day	Closed
Wednesday	January 1st	New Year's Day	Closed
Monday	January 20 <sup>th</sup>	MLK Day	<b>Building Open</b>
Monday	February 17 <sup>th</sup>	President's Day	Building Open

### **Winter Activities**

### **Snowman Building Championship 2025**

Whether there is snow from Mother Nature, or we have to make it ourselves, our 6<sup>th</sup> annual Snowman Building Championship is on! We are opening the field for 2025 and are looking for 20 teams to compete for coveted award of *Best in Snow!* We will provide the snow, you will provide anything you need to build the BEST snowman. Prizes will be awarded to the winners.

### **Registration Required**

We would like to thank Eric Lintleman and the OS Fire Department for their help with this program.

### Winter Ice Skating

### **Ice Skating on Exchange Pond**

Exchange Pond - Located on the corner of Rt. 154 and Bokum Rd. will be open for skating this winter as soon as the weather permits. Ice is tested and posted on weekdays. Parents, please supervise your

children. Department supervision provided on weekend days when ice is safe. A warming fire and lighted skating times will be noted at the park or call the office at 860-395-3152. Skate Safely!

### <u>Clark Community Park (Town Park)</u>

**There is No Ice Skating** Permitted on Crystal Lake at Clark Community Park. Open Pond Skating can be hazardous. Ice is untested and should be assumed to be unsafe. Look for safety signs.

### 3 - 5 Year Old Programs

#### Silly Science for Jr's (Ages 3 - 5 years)

This program will have your child exploring the world of science in a silly and easy way. Children will participate in small experiments that will have them playing with slime, bubbles, magnets and a whole lot more!

Day: Saturday
Time: 9:30 - 10:15am
Dates: January 18<sup>th</sup> - February 15<sup>th</sup>
Location: OSPR
Fee: \$25.00

#### Lil' Builders (Ages 3 - 5 years)

Each week your 3 - 5 yr old will explore different building materials. We will create cities of Lego's, build castles and igloos, K'nex cars and more!

Day: Saturday
Time: 9:30 - 10:15am
Dates: February 22<sup>nd</sup> - March 22<sup>nd</sup>
Location: OSPR
Fee: \$50.00

#### **Soccer Shots** (Ages 3 - 5 years)

This 45 min. program is designed to combine dynamic activity with rapidly developing imagination of preschoolers. Your child will learn some basic foot skills, dribbling, passing and shooting. Children must wear sneakers and shin guards are recommended.



**Location:** OSPR **Fee:** \$60.00

### The Great British Cupcake LLC

#### <u>Cupcake Decorating Workshop w/ The British Baker</u> (Grades 1<sup>st</sup> - 6<sup>th</sup>)

The British Baker is back to teach students how to create these fun cupcakes. All participants will leave with their own 6 cupcakes in a cupcake carrier. Supplies included.

**Day:** Saturday **Time:** 10:30am - 12:30pm **Date:** March 29<sup>th</sup> **Location:** OSPR

**Fee:** \$50.00



### K - 4th Grade Programs

#### **Color By Number (Grades K - 3rd)**

Join us for an afternoon of art as we all find our inner Picaso. Each participant will be given their own Color By Number workbook where they will master the art of coloring.

**Day:** Tuesday **Dates: January 7**<sup>th</sup> - **February 4**<sup>th</sup>

Time: 3:15 - 4:00pm Location: Goodwin Elementary Fee: \$20.00

#### **Let's Get Cooking** (Grades 2<sup>nd</sup> - 4<sup>th</sup>)

Come learn how to make a delicious after school snack and all that goes into

it!

Day: Thursday Dates: January 9<sup>th</sup> - February 6<sup>th</sup>

**Time:** 3:15 - 4:15pm **Location:** Goodwin Elementary **Fee:** \$30.00

#### Afterschool Basketball (Grade 1st)

Participants will have the opportunity to learn the basic skills of Basketball. Dribbling, shooting, passing and teamwork! Please dress appropriately with sneakers!

Day: Wednesday Dates: February 5<sup>th</sup> - March 12<sup>th</sup>

Time: 3:15 - 4:00pm Location: Goodwin Elementary Fee: \$20.00 \*February 19<sup>th</sup> is a "Snowflake Day" and may become a school day.

Adjustments will be made if needed\*

### Softy Hockey (Grades 3rd - 4th)

Your child will enjoy this program that will teach the basic skills, passing, shooting, teamwork and overall game play.

Day: Tuesday Dates: February 11<sup>th</sup> - March 18<sup>th</sup>

**No Class: February 18<sup>th</sup> Time:** 3:15 - 4:00pm **Fee:** \$20.00

**Location:** Goodwin Elementary

#### Extreme LEGOS Club (Grades 1<sup>st</sup> - 3<sup>rd</sup>)

LEGOS Club, where each week your child will get their own LEGOS set to build. These kits will be brand new and contain 60-200 pieces per project.

Day: Thursday Dates: February 13<sup>th</sup> - March 13<sup>th</sup>

Time: 3:15 - 4:15pm Location: Goodwin Elementary Fee: \$50.00

### **Youth Volleyball Clinic**

Bump, Set, Spike! This 4 night clinic is an instructional program designed to introduce kids to the sport and touch up on skills for those who know it. The program will consist of instruction time as well as game play.

Day: Monday - Thursday
Time: 5:00 - 6:15pm
Grades: 3<sup>rd</sup> - 5<sup>th</sup>
Dates: March 24<sup>th</sup> - 27<sup>th</sup>
Location: OSPR Fee: \$20.00
Instructor: Roxanne Sulots



### 5<sup>th</sup> - 8<sup>th</sup> Grade Programs

#### Flag Football (Grades 5th - 8th)

Who doesn't love flag football?! Join us for some friendly, non-contact fun.

Skills, drills and game play each week!

Day: Monday **Time:** 2:45 - 3:45pm **Fee:** \$20.00

Session 1: January 6th - February 10th

No Class: January 20th

Session 2: February 24th - March 24th

Location: OSPR

#### **Kickball** (Grades 5th - 8th)

Come get that energy out after school and join us for a fun game of kickball!

Day: Wednesday
Time: 2:45 - 3:45pm
Dates: January 8<sup>th</sup> - February 5<sup>th</sup>
Location: OSPR
Fee: \$2 Fee: \$20.00

#### **Indoor Soccer (Grades 5th - 8th)**

Each week kids will be split into 2-4 teams, with subs, scoreboard, OSPR refs

and a lot of fun!

Day: WednesdayDates: February 12th - March 12thTime: 2:45 - 3:45pmLocation: OSPRFee: \$20 Fee: \$20.00

#### Afterschool Basketball (Grades 5th - 8th)

We will have 2 divisions based on grades, with subs, scoreboard, OSPR refs

and a lot of fun!

Day: Thursday
Time: 2:45 - 3:45pm
Dates: March 6<sup>th</sup> - April 3<sup>rd</sup>
Location: OSPR
Form Fee: \$20.00

### **Ice Cream Decorating Class** with Ben & Jerry's

Come out and enjoy an afternoon of creativity and sweet treats at our Holiday Cake Decorating Classes! Our expert instructors will guide you through the steps of crafting your own mini-ice cream cakes, where you'll learn how to frost & decorate with fun & festive designs. Each attendee will receive 2 mini-ice cream cakes to decorate made with flavors of your choice. Participants will get to choose 2 flavors per cake.

### Valentine's Day Themed Cake (Grades 5th - 8th)

Day: Sunday Date: February 9<sup>th</sup> Time: 2:00 - 3:00pm

**Location:** Ben & Jerry's **Fee:** \$35.00

### Saint Patrick's Day Themed Cake (Grades 5th - 8th)

Date: March 16th **Day:** Sunday **Time:** 2:00 - 3:00pm

**Location:** Ben & Jerry's **Fee:** \$35.00



### Old Saybrook Swim & Racquet Club



### **Junior Tennis**

Our junior program is designed for beginner to intermediate players. Our pros will develop athletic and tennis skills in a fun environment. The class takes place at Old Saybrook Racquet Clubs indoor courts. Make ups are offered if we need to cancel a class. 8 week sessions. **Max 14 Players** 

Orange Ball (Ages 7 - 10 years)

Day: Thursday Dates: January 9<sup>th</sup> - February 27<sup>th</sup>

**Time:** 5:00 - 6:00pm **Location:** Old Saybrook Swim & Racquet Club

**Fee:** \$190.00

**Green Ball** (Ages 10 - 13 years)

Day: Thursday Dates: January 9<sup>th</sup> - February 27<sup>th</sup>

**Time:** 4:00 - 5:00pm **Location:** Old Saybrook Swim & Racquet Club

Fee: \$190.00

### **Adult Tennis**

Whether you want to learn tennis or you are looking for a reason to get back on the court, this is the class for you. Our pros will work with you to improve your tennis skills. The class takes place at Old Saybrook Racquet Clubs indoor courts. Make ups are offered if we need to cancel a class. 6 week sessions.

### **Adult Beginner/Advanced Beginner Tennis Lessons**

Day: Tuesday Dates: January 7<sup>th</sup> - February 11<sup>th</sup>

**Time:** 8:00 - 9:00pm **Location:** Old Saybrook Swim & Racquet Club

Fee: \$125.00 Max 6 Players

Day: Thursday Dates: January 9<sup>th</sup> - February 13<sup>th</sup>

**Time:** 9:00 - 10:00am **Location:** Old Saybrook Swim & Racquet Club

Fee: \$125.00 Max 12 Players

Day: Saturday Dates: January 11<sup>th</sup> - February 15<sup>th</sup>

Time: 11:00am - 12:00pm Location: Old Saybrook Swim & Racquet Club

Fee: \$125.00 Max 12 Players

### **School Vacation Camp**

#### Winter Break - Vacation Camp (Grades K - 5th)

Looking for something fun and exciting for your child to do while school is out? Sign them up for vacation camp where they will participate in activities such as dodge ball, Kickball, arts—n-crafts and so much more! Please pack a snack, lunch & drinks. Space is limited. **Max registration: 20** 

\*February 19<sup>th</sup> is a "Snowflake Day" and may become a school day.
Adjustments will be made if needed\*

Day: Monday - Wednesday Dates: February 17<sup>th</sup> - 19<sup>th</sup>

**Time**: 9:00am - 4:00pm **Location:** OSPR **Fee**: \$100.00

Monday: <u>Winter Carnival</u> - Play Carnival games around the gym and

Teen Center for a chance to win cool prizes.

**Tuesday:** <u>Sports Day</u> - Try out a unique and new sport and discover new interests and passions.

**Wednesday:** <u>Cozy Staycation</u> - Relax, watch a movie, enjoy your favorite snacks, hot-cocoa or take up a new craft.

### **Teen Center - Winter Break Hours**

### **Teen Center** (Grades 6<sup>th</sup> - 8<sup>th</sup>)

During Winter Break, the Teen Center will be open and fully supervised. Kids are welcome to use the Teen Center and Gymnasium.

Day: Monday - Wednesday Dates: February 17<sup>th</sup> - 19<sup>th</sup>

**Time**: 12:00pm - 5:00pm

\*February 19<sup>th</sup> is a "Snowflake Day" and may become a school day.
Adjustments will be made if needed\*







### **Teen Center**

### -The Rec-Respect Yourself, Respect Others & Respect The Rec

#### 5th Grade - After-School Drop - In

Your 5<sup>th</sup> Grader can enjoy all the teen center has to offer! Try playing XBOX or PS5, shoot some pool, play basketball, purchase a snack or just hang with friends. The teen center is fully supervised.

Children must sign in and be picked up by 4:00pm.

Membership is required to attend.

**Day:** Friday **Time:** 2:35 - 4:00pm **Membership:** \$10.00

Membership is good for the entire school year.

#### 6th - 8th Grade - After-School Drop - In

Enjoy "The Rec" after school hanging out with all your friends! Stay active playing basketball, soccer, flag football and dodgeball games in our gymnasium. Play billiards on our pool table and ping pong in the Teen Center. Relax with games on our PS5 and XBOX! Plus, we always have all the latest movies to watch on our big screen T.V.

Membership is required to attend. Membership is good for the entire school year.

**Day:** Monday - Thursday **Time:** 2:35 - 5:30pm

Membership: \$30.00

Membership is good for the entire school year & includes Friday

nights!

### 6th - 8th Grade - Friday Night Teen Center

6<sup>th</sup> - 8<sup>th</sup> graders can enjoy Friday nights in the Teen Center. The Teen Center offers a wide variety of activities to do in a safe supervised environment. Throughout the year there will be special events and tournaments such as Flag Football, Dodgeball and 3-on-3 Basketball, special themed nights and so much more! Teens **sign-in when they arrive** and are **not allowed** to leave until a **parent/guardian picks them up** or **provides permission for them to do so.** 

**Day:** Friday **Time:** 7:00 - 9:30pm

Fee: <u>Members</u> - FREE <u>Non-Members</u> - \$5.00 every Friday

### Half Days at The Rec.

The Teen Center will open at 11:50am when school is dismissed. If a half day falls on Monday - Thursday, the TC is open to  $6^{th}$  -  $8^{th}$  graders until 5:30pm. If a half day falls on Friday, the TC is open to  $5^{th}$  graders until 4:00pm.

### **Teen Center - Special Events**

#### 5th Grade - New Year's Party

Kick off the new year at The Teen Center. The celebration will take place directly after school. Students are encouraged to invite friends and guests to experience the Teen Center. There will be photo opportunities, activities and a raffle!

Day: Friday Date: Friday, January 3<sup>rd</sup>

**Time:** 2:35 - 4:00pm

Fee: Members - FREE Non-Members - \$5.00

#### 6th - 8th Grade - Friday Night - New Year's Party

It's time to kick off the New Year! There will be a DJ, photo booth, and themed decorations & activities for all to enjoy. Celebrate the new year during a night filled with karaoke, disco lights and more! Members are encouraged to bring guests for a fee.

Day: Friday Date: Friday, January 3<sup>rd</sup>

Time: 7:00 - 9:30pm
Fee: Members - FREE Non-Members - \$5.00

### 5th - 8th Grade - Teen Center - March Madness Bracket Challenge

Visit the Teen Center before March 17<sup>th</sup> to compete in the March Madness Bracket Challenge! Compete for a chance at a perfect bracket. The winner will be based on overall points from the correct picks. For more information, see Nolan in the Teen Center. **You must be a TC Member to participate!** 

### 6th - 8th Grade - Teen Center Friday Night Tournaments

#### **Annual 3v3 Basketball Tournament**

Students will form Teams of 3 for this bracket style elimination tournament. Creativity is encouraged for both team names and team uniforms! **Games will start promptly at 7:30pm.** See Nolan in the Teen Center to sign up your team.

All teams must sign up no later than Wednesday, February 19<sup>th</sup>!

Day: Friday, February 21<sup>st</sup>

**Time:** 7:00 - 9:30pm

Fee: Members - FREE Non-Members - \$5.00

#### **Annual Soccer Tournament**

Grab your friends, create a team and win the chance to sign the Teen Center Soccer Ball. Staff members will referee. See Nolan in the Teen Center to sign up your team.

All teams must sign up no later than Wednesday, March 26th!

Day: Friday Date: Friday, March 28th

**Time:** 7:00 - 9:30pm

Fee: Members - FREE Non-Members - \$5.00

### **Adult Programs**

#### Fitness w/ Jill Temple (Ages 18+)

Let's get fit and have fun! These classes will get your heart pumping and sweating as you wrap up your day. We will be performing all body weight exercises and a little cardio sequence.

All you need to bring is a yoga mat and water.

**Day:** Monday & Wednesday **Time:** 6:15 - 7:00pm

Fee: \$100.00/\$125.00 Res/Non-Res Session 1: January 6<sup>th</sup> - February 17<sup>th</sup>

No Class: January 20th

Session 2: February 24 - April 7<sup>nd</sup>

No Class: March 10th

**Location:** Old Saybrook Middle School Instructor: Jill Temple

#### **Indoor Walking Track**

Are you looking to get your steps in this winter? The indoor walking track is located at the Recreation Center. If the building is open, the track is open! All walkers are required to sign in at the front desk. **Non-residents must be accompanied by a resident and pay a \$2.00 fee.** 

### **Adult Team Sports**

### Adult Kickball League (Ages 18+)

Gather your friends and join OSPR for a fun night of Kickball. Teams consist of 10 players, **only the team captain needs to register.** Rosters and waivers are due before the first game is played.

Day: Wednesday

Dates: February 5th - March 26th

**Time**: 7:00pm - 9:00pm

**Location:** OSPR **Fee**: \$75.00/team



### Pickleball Programs

### **Instructional Lessons** (Ages 18+)

These programs will teach the skills and strategies of the sport based on your skill level. These are programs for anyone who is just starting or has yet to master the sport.

**Day:** Tuesday

**Fee:** \$75.00/\$100.00

Time: Beginner: 9:30 - 10:30am / Advanced Beginner: 10:30 - 11:30am

Session 1: January 14<sup>th</sup> - February 4<sup>th</sup>

Session 2: February 11<sup>th</sup> - March 4<sup>th</sup>

Session 3: March 11<sup>th</sup> - April 1<sup>st</sup>

Location: OSPR

Instructor: Wayne Quain, Professional Pickleball Registry (PPR) Certified Coach

#### Open Play

Pickleball is a great program to be active and have fun at the same time. We offer three open play programs, Beginner, Intermediate and mixed players. These are <u>NOT</u> instructional programs. Those who have never played before are advised to take our lessons prior to joining open play. Players must play for a year in our beginner's program before they advance to our intermediate play. Programs appear online 2 months before they start, Residents can register 1 month prior, and non-residents can register 2 weeks prior to the start of each program. Only 30 spaces are available.

**Beginner Play** (Ages 18+)

Day: WednesdayTime: 9:30 - 11:00amFee: \$25.00Session 1: January 8th - February 26thLocation: OSPRSession 2: March 5th - April 23rdLocation: OSPR

Instructor: Dennis Interlandi

\*Will transition to Main Street Courts in April\*

#### **Intermediate Play** (Ages 30+)

**Day:** Monday & Thursday **Time:** 8:00 - 9:30am **or** 10:00 - 11:30am

Fee: \$25.00

Session 1: January 13<sup>th</sup> - March 6<sup>th</sup> Location: OSPR Session 2: March 10<sup>th</sup> - May 1<sup>st</sup> Location: OSPR

**Instructor:** Dennis Interlandi

\*Will transition to Main Street Courts in April\*

### Mixed Level Play (Ages 18+)

Day: TuesdayTime: 7:00 - 8:30pmFee: \$25.00Session 1: January 7th - February 25thLocation: OSPRSession 2: March 4th - April 22ndLocation: OSPR

Instructor: Dennis Interlandi

\*Will transition to Main Street Courts in April\*

### **Yoga**

#### **Gentle Yoga w/ Terri Cain**

This gentle yoga class is accessible to all levels with variations offered that encourage individual adaptations to fit every body. Starting with opening meditation and breath work, class progresses through warm up exercises to unlock tensions and ignite inner power. Creative sequencing of basic yoga postures focuses on mind-body connections, core strength, balance, flexibility, and the joy of movement.



**Day:** Monday & Thursday

Session 1: January 6<sup>th</sup> - February 13<sup>th</sup>
Session 2: February 17<sup>th</sup> - March 27<sup>th</sup>
Location: The Vicki G. Duffy Pavilion

Instructor: Terri Cain

**Time:** 10:00 - 11:00am

Fee: \$75.00/\$90.00 Res/Non-Res

#### LYT Yoga® (Ages 16+)

The LYT Yoga® method is a core-based vinyasa practice. It addresses the body's imbalances to create better movement patterns by remapping the brain-body connection and connecting to the core to create more energy in our bodies and lives. Instructions provided for all levels.



**Day:** Sunday **Time:** 9:00 - 10:00am

Session 1: February 2<sup>nd</sup> - March 23<sup>rd</sup> Session 2: March 30<sup>th</sup> - May 18<sup>th</sup> Location: The Vicki G. Duffy Pavilion

Instructor: Thia Wrightsman

**Fee:** 60.00/\$75.00 Res/Non-Res

### Gentle LYT Yoga® (Ages 16+)

This is an 8 week, slow flow yoga class. The LYT Yoga® method addresses these imbalances so that our yoga practice can be safer, create better movements patterns by remapping our brain's tendencies, and connect us to our core to make us feel more energetic and alive! Instructions provided for all levels. Please bring two blocks.

**Day:** Tuesday **Time:** 7:00 - 8:00pm

Session 1: January 28th - March 18th (Fall Brochure)

Session 2: March 25th - May 13th

**Location:** The Vicki G. Duffy Pavilion **Fee:** \$60.00/\$75.00 Res/Non-Res

Instructor: Thia Wrightsman

### **Youth Team Sports**

#### Youth Basketball (Grades 2<sup>nd</sup> - 8<sup>th</sup>)

The program begins in January with practice and games that run for 7 weeks. This basketball program is open to boys & girls of all abilities. All players receive a shirt. The league will be divided by Grades 2<sup>nd</sup> & 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> and 6<sup>th</sup> - 8<sup>th</sup>. There will be a boys and girls league. Our 2<sup>nd</sup> & 3<sup>rd</sup> grade league will play on 8' hoops. Teams will have weekly practices and games. **Registration Deadline: Friday, December 20**<sup>th</sup>

#### **Leagues**

Grades 2<sup>nd</sup> & 3<sup>rd</sup> - Games on Friday or Saturday 4<sup>th</sup> & 5<sup>th</sup> - Games on Saturday 6<sup>th</sup> - 8<sup>th</sup> - Games on Saturday

\*Divisions are subject to change based on registration numbers\*

**Games:** January 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>, February 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup> & 22<sup>nd</sup> **Fee:** \$50.00 **Location:** OSPR

The coaches meeting will be on Thursday, January 2<sup>nd</sup> at 5:30pm

\*This league is sponsored by Mikes's Barbershop\*



### Kindergarten T-Ball

OSPR T-Ball program is designed to teach skills, encourage teamwork, provide fun, and build self-esteem. Tee ball is a fundamental step to playing baseball and softball. Participants will have one practice per week and play games on Saturdays.

Registration Deadline: Wednesday, April 2nd

Practices start the week of April 21st

Games start Saturday, May 3<sup>rd</sup>

**Game Dates:** May 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>, June 7<sup>th</sup>

**Fee:** \$50.00

The coaches meeting will be on Wednesday, April 16th at 5:30pm

\*This league is sponsored by Parthenon Diner\*

\*For any child 6 years old and under who has not yet played a full season of T-Ball, must play T-ball with OSPR, before advancing to Coach Pitch with OSLL. If your child is in 1<sup>st</sup> grade or HAS played a full season of Kindergarten T-Ball as a 5-year-old, they can register for Coach Pitch with OSLL\*



### **Nature Talks**

OSPR proudly introduces our monthly series called <u>The Wild Side of Connecticut</u>. Join Patricia Laudano, Master Wildlife Conservationist for CTDEEP, as she delves into this informative series with Artifacts, Specimens, Handouts, PowerPoint and Q&A's time. Open to all ages!

#### The American Woodcock - Tuesday, January 14th

You will be dazzled when you learn about this most unusual migratory shrubland bird that breeds in our state. We'll go over its unique physiology, characteristics, courtship ritual and regional wildlife management.

Time: 4:00 - 5:00pm Location: Vicki Duffy Pavilion Fee: \$5.00

#### Connecticut's Bobcat - Tuesday, February 11th

Connecticut's once dwindling Bobcat population has since recovered; come find out more as we explore the characteristics, natural history and wildlife management efforts of this elusive top predator in our state.

Time: 4:00 - 5:00pm Location: Vicki Duffy Pavilion Fee: \$5.00

#### Ospreys - Tuesday, March 11th

The Osprey was once on the brink of extinction; its comeback story is truly remarkable. Join us to learn more about this predator species now commonly seen along our marshes and shorelines, and how you can get involved.

Time: 4:00 - 5:00pm Location: Vicki Duffy Pavilion Fee: \$5.00

### Forest Stewardship

**Get Acquainted with Old Saybrook's Trails and Woodlands.** Did you know Old Saybrook has more than 1600 acres of forested open space? Learn about The Preserve, Great Cedars East and West, Clark Community Park, and Old Saybrook Land Trust properties. Join us for an information session on the history and regional importance of these forested open spaces and their trails. Learn



how the properties are stewarded and the opportunities for volunteer involvement. There will be time for questions and answers. Maps will be available, along with coffee, tea, and light snacks.

Registration required. \*Snow Date: Sunday, January 19<sup>th</sup> - 1:00 - 2:30pm\*

Day: Saturday

Date: January 18<sup>th</sup>

Fee: FREE

Time: 10:00 - 11:30am

Location: Vicki Duffy Pavilion

### **Spring Special Events**

### **Easter Egg Hunt**

Date: Saturday, April 12th

Hunt Times: 11:00am - Town Green - Ages 2 - 4yrs

11:15am - OS Middle School Field - Ages 5yrs - 1st Grade

11:30am - Town Green - Grades 2nd - 3rd

\*Photo opportunity with the Easter Bunny\*

\*Participants should bring a basket to collect their eggs\*

This event is Co-Sponsored by Old Saybrook Lions Club.

### **Rock Hunt (Grades 4th - 6th)**

Date: Friday, April 18<sup>th</sup> Time: 10:00am

**Location:** Clark Community Park

Join us for this fun twist on a traditional easter egg hunt! Participants are asked to search the woods and collect painted rocks. Each rock color will represent a different prize. When the hunt is over, you will trade the rocks in for a prize. For example...Blue: Candy, Green: Mini Golf Pass and MORE! \*Participants should bring a bag or bucket to collect their rocks\*

### Hunts will start promptly, so please make sure to show up on time as we don't want anyone to miss out!



### Ray Dobratz Annual Fishing Derby

Date: Saturday, April 26<sup>th</sup> Time: 7:00 - 10:00am

Location: Clark Community Park

Fee: \$5.00 per person

Registration Deadline: Thursday, April 24th

\*Old Saybrook Residents Only\*

Come kick off the fishing season with us at our annul fishing derby at Crystal Lake. Participants age 5 - 15 years can be accompanied by a family member. Participants 16 and older must have a valid CT fishing license. This event is rain or shine!

The lake will be stocked with trout. Prizes will be awarded for the biggest fish caught. Coffee, Hot Chocolate, Donuts and Hot Dogs will be provided.

### **School Vacation Camp**

#### **Spring Break - Vacation Camp (Grades K - 5th)**

Looking for something fun and exciting for your child to do while school is out? Sign them up for vacation camp where they will participate in activities such as dodge ball, Kickball, arts-n-crafts and so much more! Please pack a snack, lunch & drinks. Space is limited. Max registration: 20

Dates: April 14th - 18th **Day:** Monday - Friday

Location: OSPR **Time**: 9:00am - 4:00pm **Fee**: \$150.00

Monday: Intro to Camp - Explore, learn, and make new friends, all while enjoying fun activities inside and outdoors.

**Tuesday:** Arts and Crafts Galore - An opportunity for campers of all ages to express their creativity, learn new skills, and enjoy a relaxed environment.

Wednesday: <u>Field Trip</u> - TBD

**Thursday:** Movie Day - Where your comfy clothes and come unwind,

watch your favorite movies and enjoy your favorite snacks!

**Friday:** OSPR Survivor - Teams will work together to complete challenges, such as obstacle courses, puzzles and so much more!

### **Teen Center - Spring Break Hours**

### **Teen Center (Grades 6th - 8th)**

During Spring Break, the Teen Center will be open and fully supervised. Kids are welcome to use the Teen Center and Gymnasium.

Dates: April 14th - 18th **Day:** Monday - Friday Time: 12:00pm - 5:00pm (Mon-Thu), 12:00pm - 4:00pm (Friday)

## Volunteer Opportunities through Parks and Recreation

Parks and Recreation offers many opportunities for your 7<sup>th</sup> - 12<sup>th</sup> grader to earn volunteer hours throughout the year, via our afterschool programs or our seasonal athletic programs. After school opportunities include 1 hour - 5 week programs at Goodwin Elementary School and score keepers are needed for our youth basketball leagues.

If your child is interested in volunteering with OSPR, please contact Taryn(Taryn.Erb@OldSaybrookCT.gov). Spaces are limited depending on the programs being offered.

### Summer Employment

Summer employment applications will be available starting in January. Potential job opportunities include...

Lifeguard, Parking Attendant, Concession Stand, Mini Golf and Camp Counselor.

Applications will be available online or in the office.

### **Athletic Clubs in Old Saybrook**

### **Old Saybrook Soccer Club**

Contact Person: Mike Gilson

Phone: 860-604-2891

Email: lupimojo@yahoo.com

Website: ossocer.org



Email: coastalchargers@gmail.com

Website: www.coastalchargersyouthfootball.com

### **Old Saybrook Little League**

Contact Person: Matt O'Connor Email: matthewhoconnor@gmail.com Website: www.oslittleleague.com

\* Registration for the spring baseball & softball season with Old Saybrook Little League will start in December along with upcoming winter training opportunities. Information for both will be available via www.oslittleleague.com

### **Old Saybrook Basketball Club**

Contact Person: Eric Dussault

Email: Info@oldsaybrookbasketball.com Website: www.oldsaybrookbasketball.com

### **Connecticut River Ticks Lacrosse Club**

Contact Person: Jessica Demaio Email: tickslacrosse@gmail.com Website: tickslacrosse.com







### **Community Events**

### **Starlight Festival**

Mark your calendars, **Saturday, December 7<sup>th</sup>** for Old Saybrook's 3<sup>rd</sup> annual Starlight Festival! There will be great family activities, shopping up and down Main St., a meet and greet with Santa, caroling and other performances, trolley rides and the lighting of the Heroes Tree at The Kate. This has quickly become an Old Saybrook tradition to kick off the winter season!

### **OS-Starlight.org**



### 2025 Chili Fest

The 28<sup>th</sup> Annual Old Saybrook Chili Fest takes place on **Saturday, March 1**<sup>st</sup>, **12:00pm - 3:00pm** along Main Street. Over twenty chefs will compete for the title of "Best Chili," as determined by you, the voting public. Tasting Ballots are sold at the Chamber office (1 Main Street) and at ballot stations along Main Street. Each ballot allows the purchaser to sample all the chilis. Mark your ballot with your top choice and return the ballot to a ballot station.

### **Community Calendar**

The Old Saybrook Chamber of Commerce has a great community events calendar on their website to keep the whole community informed of some wonderful events going on in and around town. Visit their website, <a href="www.oldsaybrookchamber.com">www.oldsaybrookchamber.com</a> to see all that is going on! OSPR would also like to thank the Chamber of Commerce and all their members for their continued support of our department and programs, Thank you!



Check out the **NEW** Say Old Saybrook website featuring a new community calendar! www.sayoldsaybrook.com

### **Miscellaneous**

### **Important Websites & Phone Numbers**

- Town of Old Saybrook www.oldsaybrookct.gov
- OS Public Schools www.oldsaybrookschools.org
- OS Youth & Family Services (860)395-3190
- Acton Public Library www.actonlibrary.org
- OS Chamber of Commerce www.oldsaybrookchamber.com

### **Birthday Parties at The Rec.**

The Rec. Center is available to rent for birthday parties. We offer a few options that include the classroom, game room and gymnasium. A reservation request form can be found on our website, under facilities. For more information and details, visit our website, www.oldsaybrookrec.com or call our office, 860-395-3152.

### **Bocce Courts at Main Street Park**

Two Bocce Courts have been added to Main Street Park.
Stay tuned for Spring/Summer Programs!





308 Main Street
Old Saybrook, CT 06475
(860)395-3152
OLDSAYBROOKREC.com

## For up-to-date information on programs and events, be sure to follow us

on...









"Bringing our community together through excellence in our beaches, Parks, fields, facilities, and programs."