

OLD SAYBROOK  
**OSPR**  
PARKS AND RECREATION

# SHAPE YOUR BODY

**Fitness with Jill Temple**

Monday & Wednesday - 6:15 - 7:00pm

February 23<sup>rd</sup> - April 1<sup>st</sup>

Old Saybrook Middle School

\$100

**REGISTER NOW**

[www.oldsaybrookrec.com](http://www.oldsaybrookrec.com)

