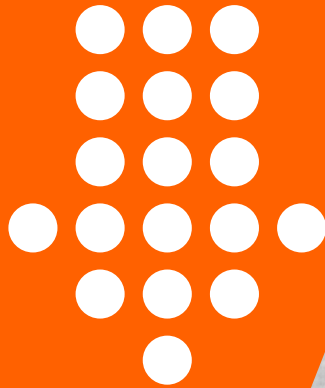


# READY TO PUSH YOUR LIMITS?



**Fitness with  
Jill Temple**



**Wednesday & Friday**

**June 4<sup>th</sup> - July 16<sup>th</sup>**

**6:30 - 7:15am**

**Town Beach**

**\$100 Res / \$125 Non-Res**



**For more information or to register,  
visit [www.oldsaybrookrec.com](http://www.oldsaybrookrec.com)**