



***GIRLS SOCCER SKILLS***  
***CLINIC***

**Join Coach Alyssa for a one night FREE Clinic!**

Coach Alyssa: Former D1 Scholar Athlete, US Soccer Association  
Licensed Coach & NASM Youth Exercise Specialist

**Fundamental training with a focus on injury  
prevention and self confidence.**

**Thursday, March 20th**

**5:30 - 6:15pm**

**The Rec**

**Girls - Ages - 7 - 10 Years**

For more information or to register,  
visit [www.oldsaybrookrec.com](http://www.oldsaybrookrec.com)

