

GENTLE YOGA

with Terri Cain

MONDAY & THURSDAY

10:00AM - 11:00AM

OR

11:15AM - 12:15PM

OCTOBER 22ND - DECEMBER 3RD

**** NEW LOCATION ****

@ JAZZERCISE

186 MAIN STREET

OLD SAYBROOK

\$75.00 FEE



FOR MORE INFORMATION OR TO REGISTER,
VISIT WWW.OLDSAYBROOKREC.COM